

The American Board of Pediatrics

**Subspecialty
Certifying
Examination**

**CONTENT
OUTLINE**

Subboard of
Pediatric Pulmonology

INTRODUCTION

This document was prepared by the American Board of Pediatrics (ABP) Subboard of Pediatric Pulmonology as a blueprint for the subspecialty certifying examination. Each ABP subboard prepares a similar document as a first step in preparing an examination. The purpose is to define the knowledge a certified subspecialist should be expected to demonstrate on an examination consisting of multiple-choice questions.

Program directors and candidates frequently request information about the content of subspecialty examinations. Although this document was not prepared to respond to such requests, the Subboard believes that it may be helpful.

Several caveats are important:

- This document is NOT intended to be a curriculum guide. There are many skills subspecialty trainees need to learn that cannot be tested in a multiple-choice examination. Also, there are many interesting but less important facets of knowledge that are not likely to be tested given the time constraints of an examination.
- This document is NOT designed to be a study guide; however, candidates may feel less anxious about a certifying examination if they know what to expect and they may be able to use this document to identify areas in which they are weak and need additional preparation.
- This document is intended to be a working blueprint. It has not been edited for publication.
- This document is a work-in-progress. The Subboard will be happy to consider any comments you might have about content.

EXAMINATION PERCENTAGE LIST

	Approximate Percent in <u>Examination</u>
I. Clinical diseases	35.0
II. Evaluation/Diagnosis	10.0
III. Therapy.....	7.0
IV. Prevention	2.0
V. Lung growth and development	4.0
VI. Structure and function of the respiratory system.....	5.0
VII. Lung defense mechanisms	5.0
VIII. Cell biology and biochemistry	4.0
IX. Gas exchange, ventilation-perfusion distribution, acid-base	7.0
X. Respiratory mechanics	7.0
XI. Control of breathing	4.0
XII. Pulmonary vascular physiology (see VI for anatomy).....	4.0
XIII. Mechanics of lung inflammation, injury and repair.....	3.0
XIV. Research methods	3.0

I. Clinical Diseases

A. Disorders of the upper airways

1. Congenital abnormalities

a. Choanal atresia/stenosis

(1). Epidemiology

Know the association between choanal atresia and other congenital defects

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Recognize choanal atresia as a cause of cardiorespiratory failure on the first day after birth

Recognize choanal atresia as a cause of apnea, cyanosis, and respiratory distress relieved with crying in a neonate

(b). Physical examination

In assessing choanal patency, recognize the importance of assessing nasal airflow while the patient's mouth is closed

(c). Imaging

Recognize the radiographic appearance of choanal atresia on radiopaque dye studies

(d). Pulmonary function tests - NA

(e). Other investigations

Recognize that the simplest way to establish the diagnosis of choanal atresia in infants is by attempting to pass a #8 French catheter through each nostril

Recognize that the finding that only a catheter smaller than a #8 French can be passed through the nasal passage of an infant is consistent with the diagnosis of choanal stenosis

(f). Diagnostic criteria - NA

(g). Complications

Recognize that infants with choanal atresia are at risk for cyanosis and aspiration during feeding

(5). Prevention and therapeutic approach

(a). Prevention - NA

(b). Therapeutic approach

Recognize that endotracheal intubation is the most effective initial treatment of choanal atresia in a symptomatic infant

Recognize that the definitive treatment of both membranous and bony choanal obstruction is surgical excision with prolonged placement of a Silastic tube (for weeks) to prevent recurrence

(6). Prognosis

(a). Natural history

Recognize that untreated choanal atresia may result in life-threatening apnea, cyanosis, and death

(b). Prognosis with therapy

b. Craniofacial abnormalities in micrognathia

(1). Epidemiology

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Recognize the risk of obstructive sleep apnea in children with micrognathia

Recognize that upper airway obstruction may occur in infants with severe micrognathia

(b). Physical examination

Describe the effect of positioning on breathing in children with micrognathia

Recognize the physical features of mandibular hypoplasia

- (c). Imaging - NA**
- (d). Pulmonary function tests - NA**
- (e). Other investigations**

Recognize the role of polysomnography in evaluating the severity of the respiratory compromise associated with micrognathia that occurs during sleep

- (f). Diagnostic criteria**
- (g). Complications**

Recognize the difficulties associated with feeding in infants with severe micrognathia and cleft palate (Pierre Robin sequence)

(5). Prevention and therapeutic approach

- (a). Prevention**
- (b). Therapeutic approach**

Recognize that management of severe micrognathia includes prone positioning, placement of a nasopharyngeal airway, and ultimately a tracheostomy for persistent, severe airway obstruction

- (c). Side effects of therapy**

Recognize that palate repair without anterior tongue displacement is likely to cause airflow obstruction in children with micrognathia

Recognize that pharyngeal flap surgery may worsen upper airway obstruction during sleep in patients with micrognathia and cleft palate

(6). Prognosis

- (a). Natural history**

Recognize that the natural history of micrognathia involves improvement associated with mandibular growth

- (b). Prognosis with therapy**

Recognize that resolution of airway obstruction in patients with severe micrognathia is dependent on growth

Recognize that assessment of readiness for decannulation of a child with severe micrognathia must include nocturnal polysomnography and assessment of the airway both awake and asleep

c. Laryngeal web

(1). Epidemiology - NA

(2). Etiology/Genetics - NA

(3). Pathophysiology - NA

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

(b). Physical examination

Recognize the clinical manifestations of complete laryngeal web (aphonia; severe airway obstruction at birth without inspiratory airflow or stridor)

Recognize the clinical presentation of partial laryngeal web (inspiratory stridor, weak/hoarse voice, respiratory distress)

(c). Imaging

(d). Pulmonary function tests

(e). Other investigations

Recognize the appearance of a laryngeal web on fiberoptic laryngoscopy

Know that endoscopic evaluation is the investigation of choice in patients with laryngeal web

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize that emergency tracheostomy is required to relieve obstruction caused by a complete laryngeal web

Recognize that an endotracheal tube can perforate a laryngeal web, providing transient relief of the obstruction

(c). Side effects of therapy

Recognize that a laryngeal web may redevelop after perforation with an endotracheal tube once the tube is removed

(6). Prognosis - NA

d. Laryngeal atresia - NA

e. Laryngeal cysts

(1). Epidemiology

(2). Etiology

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Recognize that laryngeal cysts are included in the differential diagnosis of congenital stridor

(b). Physical examination

(c). Imaging

(d). Pulmonary function tests

(e). Other investigations

Recognize the appearance of laryngeal cysts on fiberoptic laryngoscopy

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize that excision is the treatment of choice for laryngeal cyst

(c). Side effects of therapy

Recognize that there is a risk of recurrence of laryngeal cyst following simple needle aspiration of the contents of the cyst

(6). Prognosis - NA

f. Laryngomalacia

(1). Epidemiology

Recognize that laryngomalacia is the most common cause of stridor in infants

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Recognize that the clinical presentation of laryngomalacia includes onset of stridor shortly after birth, minimal respiratory distress, positional effects, and marked reduction of noise when the infant is at rest

Describe the effect of position on stridor secondary to laryngomalacia (worse in supine position)

(b). Physical examination

Recognize that laryngomalacia is associated with normal voice quality and pitch

(c). Imaging

Recognize that the diagnosis of laryngomalacia cannot be established on the basis of standard x-ray studies of the neck

(d). Pulmonary function tests

(e). Other investigations

Recognize the role of fiberoptic laryngoscopy in establishing the diagnosis of laryngomalacia

(f). Diagnostic criteria

(g). Complications

Know that symptoms of laryngomalacia can include apnea and feeding problems

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize the indications for surgical intervention in infants with laryngomalacia

Know that in most instances no therapy is required for laryngomalacia

(c). Side effects of therapy - NA

(6). Prognosis

(a). Natural history

Recognize that the natural history of laryngomalacia includes resolution without therapy, usually by the end of the first year after birth

(b). Prognosis with therapy

g. Vocal cord paralysis

(1). Epidemiology

(2). Etiology/Genetics

Recognize the association between vocal cord paralysis and Arnold-Chiari malformation

Know the most common etiology of bilateral vocal cord paralysis in a neonate

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Know that vocal cord paralysis can result from local trauma

Know that left-sided vocal cord paresis/paralysis can result from trauma to the recurrent laryngeal nerve during birth

Know that left-sided vocal cord paresis/paralysis may occur as a complication of cardiac surgery (eg, ligation of a patent ductus arteriosus)

(4). Diagnosis and clinical manifestations

(a). History

Know that hoarse voice and mild stridor are associated with unilateral vocal cord paralysis

Know that bilateral vocal cord paralysis is rarely associated with abnormal vocalization

Recognize that bilateral vocal cord paralysis is associated with increased risk of recurrent aspiration

Recognize the clinical presentation of vocal cord paralysis

(b). Physical examination

Recognize that signs of birth trauma indicate the possibility of vocal cord paralysis

Recognize that vocal cord paralysis may be an early sign of brain stem or spinal cord compression

(c). Imaging

Recognize the role of magnetic resonance imaging (MRI) of the upper spinal cord and brain stem in evaluating patients with unexplained bilateral vocal cord paralysis

(d). Other investigations

Recognize the findings associated with unilateral or bilateral vocal cord paralysis on fiberoptic laryngoscopy

(e). Diagnostic criteria

(f). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize that the presence of aspiration and the degree of airway obstruction are the primary indicators of need for therapy in patients with vocal cord paralysis

Recognize that temporary relief of the symptoms of vocal cord paralysis can be provided by the use of continuous positive airway pressure

Recognize that decompression surgery is required to relieve vocal cord paralysis secondary to Arnold-Chiari malformation

(6). Prognosis

(a). Natural history

Know the natural history of vocal cord paralysis secondary to birth trauma and cardiac surgery

h. Subglottic stenosis

(1). Epidemiology

Recognize that chronic subglottic stenosis occurs in congenital and post-traumatic forms

Recognize that even brief periods of intubation may result in chronic subglottic stenosis

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Recognize the role of airway inflammation secondary to trauma in the pathogenesis of acquired subglottic stenosis

Recognize that the cricoid cartilage, because it is a complete ring, is predisposed to traumatic injury and stenosis

(4). Diagnosis and clinical manifestations

(a). History

Recognize the importance of a history of recurrent croup or a protracted croup illness in identifying a population with underlying subglottic stenosis

Recognize the importance of a history of previous intubation or airway instrumentation in alerting the clinician to a diagnosis of acquired chronic subglottic stenosis

(b). Physical examination

Know that significant subglottic stenosis acts as a fixed upper airway obstruction and causes noisy breathing on both inspiration and expiration

Recognize the relationship between the pitch of stridor and the severity of the obstruction in chronic subglottic stenosis

Recognize the physical findings (retractions, flaring, high-pitched stridor, diminished air entry) associated with significant sub-glottic stenosis

(c). Imaging

Recognize the lack of correlation between the radiographic appearance of subglottic stenosis and the actual degree of narrowing on endoscopy

(d). Pulmonary function tests

(e). Other investigations

Recognize findings typical of subglottic stenosis on endoscopy

(f). Diagnostic criteria

(g). Complications

Know that the finding of hypoxemia or carbon dioxide retention in a child with subglottic stenosis indicates a severe obstruction since these are the results of marked hypoventilation

(5). Prevention and therapeutic approach

(a). Prevention

Recognize the role of prolonged intubation, traumatic intubation, and the use of oversized endotracheal tubes in the pathogenesis of subglottic stenosis

(b). Therapeutic approach

Recognize the indications for surgical intervention in subglottic stenosis

Know that a cricoid split procedure may provide an alternative to tracheostomy in infants with subglottic stenosis

(c). Side effects of therapy

Know that tracheal stenosis may be a complication of prolonged endotracheal intubation

(6). Prognosis

(a). Natural history

Recognize that severe subglottic stenosis is unlikely to improve with age

Recognize that chronic subglottic stenosis is associated with increased frequency of croup-like illnesses and delayed resolution of viral croup illness

(b). Prognosis with therapy

Recognize that children who require tracheostomy in the treatment of subglottic stenosis will most likely need reconstructive surgery prior to successful decannulation

i. Subglottic hemangioma

(1). Epidemiology

Recognize subglottic hemangioma as a rare cause of upper airway obstruction in children

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology - NA

(b). Path mechanisms and consequences - NA

(4). Diagnosis and clinical manifestations

(a). History

Recognize that subglottic hemangiomas should be considered in the differential diagnosis of chronic upper airway obstruction

(b). Physical examination

Recognize the association between the presence of cutaneous hemangiomas and subglottic hemangiomas in the child with stridor

(c). Imaging

Recognize the limitations of standard radiographic techniques in identifying the presence of a subglottic hemangioma

(d). Pulmonary function tests - NA

(e). Other investigations

Recognize the appearance of a subglottic hemangioma on fiberoptic endoscopy

(f). Diagnostic criteria

(g). Complications

Recognize that a subglottic hemangioma may increase in size, resulting in worsening of airway obstruction

(5). Prevention and therapeutic approach

(a). Prevention - NA

(b). Therapeutic approach

Know potential medical therapies for a clinically significant subglottic hemangioma

Recognize the indications for tracheostomy in a child with a subglottic hemangioma

(c). Side effects of therapy - NA

(6). Prognosis

(a). Natural history

Recognize that an airway hemangioma is likely to shrink with age and usually does not require therapy

(b). Prognosis with therapy

j. Laryngotracheoesophageal cleft

(1). Epidemiology

Recognize that laryngotracheoesophageal cleft is a rare cause of recurrent aspiration

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Recognize that laryngotracheoesophageal cleft is a defect that involves the anterior wall of the upper esophagus and the posterior aspect of the larynx, with the defect lying in the interarytenoid space

(4). Diagnosis and clinical manifestations

(a). History

Recognize that recurrent aspiration with feeding is the most common clinical history associated with laryngotracheoesophageal cleft

(b). Physical examination

(c). Imaging

Recognize the radiographic appearance of a laryngotracheoesophageal cleft on a barium swallow

(d). Pulmonary function tests - NA

(e). Other investigations

Recognize the need to distend laryngeal structures in order to establish the diagnosis of laryngotracheoesophageal cleft

(f). Diagnostic criteria - NA

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize that prevention of recurrent aspiration is essential in the management of laryngotracheoesophageal cleft

(c). Side effects of therapy

(6). Prognosis

(a). Natural history

(b). Prognosis with therapy

Recognize that the risk of recurrent aspiration persists even after surgical closure of a laryngotracheoesophageal cleft

Recognize the risks of impaired vocal cord function after surgical repair of a laryngotracheoesophageal cleft

k. Congenital abnormalities of the tongue

(1). Epidemiology

(2). Etiology/Genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Recognize that macroglossia predisposes patients to obstructive sleep apnea

(b). Physical examination

(c). Imaging

Recognize the role of a lateral-view x-ray study of the neck in identifying the anatomic relationship between the tongue and the oropharyngeal airway

(d). Other investigations

(e). Diagnostic criteria

(f). Complications

(5). Prevention and therapeutic approach

(a). Prevention - NA

(b). Therapeutic approach

Recognize the role of prone positioning in the acute management of airway obstruction due to enlargement of the tongue

(6). Prognosis

(a). Natural history

Recognize that obstruction related to macroglossia may improve with age

2. Infections

a. Viral croup (laryngotracheobronchitis)

(1). Epidemiology

(2). Etiology/Genetics

Recognize the anatomic risk factors predisposing infants to airway obstruction due to viral croup

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Know that because the cricoid cartilage is a complete ring, edema of airway wall in this region causes a greater reduction in airway lumen than in areas in which cartilage rings are incomplete

(4). Diagnosis and clinical manifestations

(a). History

Know that a history of recurrent croup suggests an underlying anatomic abnormality

(b). Physical examination

Recognize the effects of agitation on ventilation in infants with croup

(c). Imaging

Recognize the radiographic appearance of croup

Recognize the lack of correlation between radiographic findings and the severity of the obstruction in acute laryngotracheobronchitis

(d). Pulmonary function tests

(e). Other investigations

Recognize the appearance of viral croup on fiberoptic endoscopy

(f). Diagnostic criteria

(g). Complications

Know that hypoxemia and carbon dioxide retention in a child with croup are suggestive of severe upper airway obstruction

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Know that epinephrine by inhalation provides symptomatic relief of airway obstruction in viral croup, that its effects are transient, and that it does not affect the duration of the illness

Understand the principles of helium/oxygen therapy in children with severe upper airway obstruction secondary to viral croup (ie, turbulent flow through large airway is density dependent)

Know that endotracheal intubation using an endotracheal tube one size smaller than predicted tube size (based on age and weight) is the preferred method of establishing an artificial airway in patients with viral croup

Recognize the indications for placing an artificial airway in a child with viral croup (eg, increased frequency of treatment with epinephrine by inhalation, hypoxemia, apparent or impending carbon dioxide retention, and fatigue)

Know that in acute laryngotracheobronchitis, airway obstruction may recur within one to two hours after therapy with epinephrine by inhalation

(c). Side effects of therapy

Know that subglottic stenosis is a complication of intubation in patients with laryngotracheobronchitis

Recognize the indications for tracheostomy in patients with viral croup

(6). Prognosis

(a). Natural history

Know that the course of viral croup in infants younger than 1 year of age is prolonged

(b). Prognosis with therapy

b. Epiglottitis

(1). Epidemiology

(2). Etiology/Genetics - NA

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Recognize that the pathology of epiglottitis involves the epiglottitis and other supraglottic structures but the subglottic space and trachea are usually spared

(4). Diagnosis and clinical manifestations

(a). History

Know that the onset of illness of epiglottitis can be very rapid (hours), consisting of sore throat and difficulty breathing

(b). Physical examination

Know that stridor is not a prominent feature of epiglottitis

(c). Imaging

Recognize the radiographic appearance of acute epiglottitis (positive thumb sign on lateral-view x-ray study of the neck)

Recognize the radiographic appearance of a retro-pharyngeal abscess

(d). Pulmonary function tests

(e). Other investigations

Know the association between Hemophilus influenzae and epiglottitis

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

Know that influenza vaccination has reduced the prevalence of epiglottitis

(b). Therapeutic approach

Know that patients with acute epiglottitis should undergo endotracheal intubation to ensure an adequate airway until inflammation subsides

(c). Side effects of therapy

(6). Prognosis

(a). Natural history

(b). Prognosis with therapy

Know that patients with epiglottitis will recover fully in 24-72 hours

c. Bacterial tracheitis

(1). Epidemiology

(2). Etiology/Genetics

Know common causes of bacterial tracheitis

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Know that children with bacterial tracheitis usually have a prodrome similar to that of viral croup and that high fever and severe airway obstruction subsequently develop

(b). Physical examination

Recognize the physical findings associated with tracheal obstruction

(c). Imaging

Recognize the radiographic appearance of bacterial tracheitis

(d). Pulmonary function tests

(e). Other investigations

Know the role of bronchoscopy in establishing the diagnosis of bacterial tracheitis

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

(c). Side effects of therapy

Know that pulmonary edema is a complication of relief of airway obstruction

(6). Prognosis

(a). Natural history

(b). Prognosis with therapy

Know that delay in treatment of bacterial tracheitis can result in death

B. Congenital disorders of the lower airway

1. Epidemiology

2. Etiology/genetics

Know that unilateral lung agenesis most likely represents defective development during the embryonic stage

Know that congenital lobar emphysema can have various etiologies (eg, bronchial atresia and deficient bronchial cartilage)

Know that congenital diaphragmatic hernia involves an abnormality of early embryologic development

Know that sequestration involves an interruption in orderly early lung development and a persistence of the primitive perfusion of the sequestered lung tissue from the systemic circulation

Know that absent fetal breathing, oligohydramnios, or diaphragmatic hernia may be associated with lung hypoplasia

Know that tracheomalacia may be idiopathic or associated with bronchopulmonary dysplasia, tracheoesophageal fistula, vascular ring, or other lesions

Know that a bronchogenic cyst represents an abnormality of early airway development

3. Pathophysiology

a. Pathology

Know that characteristic histologic findings in congenital lobar emphysema vary and may include a decreased number of alveoli and decreased bronchial wall cartilage

Know that congenital lobar emphysema rarely involves the lower lobes

Know the usual sites of diaphragmatic hernias

Know the anatomic characteristics of intralobar and extralobar sequestrations

Know that sequestered lobes are usually posterior, inferior, and medial in location

Know that sequestered lobes are usually perfused by an abnormal artery that may arise from below the diaphragm

Know which congenital malformations are supplied by a systemic artery

Know the usual anatomic location of cystic adenomatoid malformations

Know that hypoplastic lungs are initially small, with decreased numbers of alveoli and decreased caliber of airways and vessels

Recognize the association between lung hypoplasia and the other manifestations of Potter syndrome

Know the characteristics of tracheal bronchus

Recognize the patterns of tracheoesophageal fistula

Recognize the association between right or double aortic arch and vascular ring

Know that most vascular rings include the esophagus and trachea, while pulmonary sling is posterior to the trachea but anterior to the esophagus

Know that the scimitar syndrome includes abnormal pulmonary venous drainage and hypoplastic lung

Know the usual anatomic location of bronchogenic cysts in the middle or posterior mediastinum

Know that neurenteric cysts are associated with vertebral abnormalities

Know that a negative NBT test (failure to reduce NBT) is associated with chronic granulomatous disease

b. Path mechanisms and consequences

Know that lobes involved in congenital lobar emphysema and cystic adenomatoid malformations may compromise respiratory reserve by compressing uninvolved lobes

Know that congenital diaphragmatic hernia is usually associated with hypoplasia of the ipsilateral and, to a lesser extent, of the contralateral lung

Know that in individuals with congenital diaphragmatic hernia, respiratory compromise at birth is exacerbated by bowel distention

Know that limited gas exchange capability and increased pulmonary vascular resistance are primary physiologic abnormalities in pulmonary hypoplasia

Know that aspiration is the primary cause of lung injury in patients with tracheoesophageal fistula

Know that patients with compromise of the trachea (as in vascular ring) characteristically have relatively normal oxygenation despite significant respiratory distress

Know that central airway obstruction can be caused by a complete tracheal ring

Know that tracheomalacia is associated with dynamic collapse of the trachea secondary to increased compliance of the tracheal rings

4. Diagnosis and clinical manifestations

a. History

Know that congenital lesions that occupy intrathoracic space, may manifest as respiratory insufficiency (newborn); as respiratory distress w/minor respiratory infections (1st yr); or as asymptomatic findings on x-ray study of the chest

Know that congenital diaphragmatic hernia is usually symptomatic at birth but can be an unexpected finding on x-ray study of the chest later in life

Know that sequestered lobes are usually asymptomatic until infected

Know that recurrent "pneumonia" and persistently abnormal findings on x-ray study of the chest are suggestive of a sequestered lobe

Know that cystic adenomatoid malformation commonly becomes symptomatic in the newborn period or early infancy

Realize that an individual with a vascular ring may have been symptomatic since infancy and that he or she may have dysphagia as well as respiratory symptoms

b. Physical examination

Know that the chest may be small in individuals with lung hypoplasia

c. Imaging

Recognize findings typical of pulmonary sequestration on x-ray study

Recognize findings typical of congenital lobar emphysema on x-ray study

Recognize findings typical of cystic adenomatoid malformation on x-ray study

Recognize findings typical of congenital diaphragmatic hernia on x-ray study

Recognize findings typical of bronchogenic cyst on x-ray study

Recognize findings typical of hypoplastic lung on x-ray study

Know that in congenital lobar emphysema and cystic adenomatoid malformation, affected lobes may remain filled with fluid and radiodense longer than unaffected lobes after birth

Know that the radiographic appearance of congenital diaphragmatic hernia may be difficult to differentiate from that of cystic adenomatoid malformation

Know the imaging techniques that should be used to diagnose vascular ring and their interpretation

Recognize the usual radiographic findings in the scimitar syndrome

Know the methods and difficulties of diagnosing tracheomalacia radiographically

d. Pulmonary function tests

e. Other investigations

Recognize the bronchoscopic findings typical of vascular ring

Recognize findings typical of bronchomalacia on bronchoscopy

Recognize the bronchoscopic findings typical of H-type tracheoesophageal fistula

Recognize the difficulty of diagnosing bronchomalacia by means of rigid bronchoscopy

Recognize findings typical of tracheomalacia on bronchoscopy

Recognize the difficulty of diagnosing tracheomalacia by means of rigid bronchoscopy

f. Diagnostic criteria

g. Complications

Know that in congenital lobar emphysema, affected lobes may increase in volume acutely with positive pressure ventilation

Know that recurrent infection is a common complication of cystic adenomatoid malformation, bronchogenic cysts, and sequestered lobes

Know that there is a small but finite incidence of malignancies arising in bronchogenic cysts

Know that fetal lung liquid is actively produced by the respiratory epithelium

5. Prevention and therapeutic approach

a. Prevention

b. Therapeutic approach

Know that surgical excision is indicated for congenital lobar emphysema when respiratory reserve is compromised

Know that both continuous positive airway pressure and sedation may improve airflow in patients with tracheomalacia

Know that both continuous positive airway pressure and sedation may improve airflow in patients with bronchomalacia

Know the importance of identifying congenital heart disease before surgery for congenital lobar emphysema or cystic adenomatoid malformation

c. Side effects of therapy

6. Prognosis

a. Natural history

Know that lobes affected by congenital lobar emphysema usually remain approximately the same size after the first year of age, and therefore become smaller in relation to normal lobes

Know that the natural histories of sequestration, cystic adenomatoid malformation, and bronchogenic cyst include recurrent infection and abscess formation once initial infection has occurred

b. Prognosis with therapy

Know that after surgery for congenital diaphragmatic hernia, lung volume may return to normal, but pulmonary perfusion and respiratory reserve are usually permanently abnormal

Know that the unaffected lobes are usually normal in patients with cystic adenomatoid malformation, bronchogenic cyst, and sequestration

Know that local tracheomalacia and a brassy cough are common after correction of tracheoesophageal fistula

Know that esophageal dysmotility and recurrent aspiration remain after repair of tracheoesophageal fistula

Know that individuals with vascular ring may have localized tracheomalacia

Know that tracheoesophageal fistula may recur after surgical correction

C. Asthma

1. Epidemiology

a. Definition

Know that the definition of asthma includes (1) airway obstruction that is potentially reversible (2) airway inflammation; and (3) increased airway responsiveness to a variety of stimuli

Know the prevalence of asthma in children in the United States

Understand the influence of gender on the prevalence of asthma in prepubertal and postpubertal patients

Know that most infants who wheeze in early infancy are asymptomatic by 6 years of age

b. Risk factors

Understand the relationship between viral infection and asthma

Understand that allergic factors predispose patients to asthma, but that allergy is not a prerequisite for the development of asthma

Know that maternal smoking is associated with increased wheezing in infants

Recognize the socioeconomic and psychosocial factors that are associated with increased morbidity and mortality in patients with asthma

Recognize the factors in the history of a child with asthma (eg, rapid life-threatening attacks, rapid cessation of therapies) that are associated with increased morbidity and mortality

2. Etiology/genetics

Know that the incidence of asthma and of allergic rhinitis is greater in families with a history of these disorders than in the population at large

3. Pathophysiology

a. Pathology

Recognize the histopathologic features of chronic asthma

Recognize the histopathologic features of status asthmaticus

b. Pathogenic mechanisms and consequences

Know the noninfectious agents that exacerbate airway hyperreactivity

Know the infectious agents that exacerbate airway hyperreactivity

Understand that the degree of airway hyperreactivity to histamine or methacholine correlates with the number of mast cells, eosinophils, and desquamated epithelial cells detected on bronchoalveolar lavage

Understand the role of the parasympathetic nervous system in asthma

Understand the role of the sympathetic nervous system in asthma

Know the role of the nonadrenergic, noncholinergic nervous system in asthma

Know the agents that are released from lung mast cells that may play a role in asthma

Understand the mechanism involved in the early phase of airflow reduction during an asthmatic response to an inhaled-allergen challenge

Understand the mechanism involved in the late phase of airflow reduction during an asthmatic response to an inhaled-allergen challenge

Know the role of leukotrienes in asthma

Know the role of cyclooxygenase products in asthma

Understand the role of bronchial epithelium in the pathogenesis of asthma

Understand the mechanisms that promote increased lung water and solute movement during status asthmaticus

4. Diagnosis and clinical manifestations

a. History

Know the conditions that cause symptoms and findings that may be confused with asthma (eg, laryngomalacia, tracheomalacia, laryngeal web, tracheostenosis, and vascular rings)

Understand that the possibility of foreign body aspiration must be considered in a young patient who has an abrupt onset of wheezing

Know that cough may be the only symptom of asthma in childhood

Know that the use of aspirin may induce asthma

Know the history and findings that suggest that allergy is contributing to asthma

Know the history and findings that suggest that gastroesophageal reflux is contributing to asthma

Know that chronic sinus disease is associated with nocturnal cough and worsening of asthma symptoms

Know that asthma can accompany other forms of obstructive lung disease

Recognize the clinical presentation of exercise-induced asthma

b. Physical examination

Know that the use of accessory muscles of respiration indicates a moderate to severe acute asthma attack

Know that clubbing is rarely seen in patients with asthma

Know the definition and significance of pulsus paradoxus in patients with asthma

c. Imaging

Recognize the indications for x-ray study of the chest in a patient with acute asthma

Recognize typical findings on an x-ray study of the chest in a patient with asthma

d. Pulmonary function tests

Know the changes in pulmonary function during recovery from status asthmaticus

Recognize the changes in pulmonary function associated with acute asthma

Understand that lung function in a child with mild asthma is usually normal between attacks

Know that mean pleural pressure is markedly subatmospheric in patients with status asthmaticus

Understand the relation between (PaO₂ and PaCO₂) and changes in spirometry in asthma

Recognize the patterns of PaCO₂ and PaO₂ values in an acute asthma attack that progresses to respiratory failure

Understand the mechanisms that lead to hypoxemia in asthma

Understand the mechanisms that lead to alteration of PaCO₂ in acute asthma

Understand the utility and limitations of a peak flow meter in assessing the severity of asthma

Understand that significant variation between morning and evening peak flow rates indicates worsening asthma

Know the exercise protocol that tests for exercise-induced bronchospasm

Understand the time sequence of bronchodilation and bronchoconstriction during exercise in asthmatic children

Know the indications and specificity of the methacholine challenge in the diagnosis of asthma

Know that bronchial provocation tests can normalize in children with asthma

e. Other investigations

Recognize the general laboratory findings characteristic of an atopic child

Understand the usefulness and limitations of radioallergosorbent tests and IgE measurements in the assessment of asthmatic patients

Understand that allergic bronchopulmonary aspergillosis is associated with a markedly increased serum IgE concentration

f. Diagnostic criteria

Know the criteria for a positive bronchial provocation test for asthma

Know the criteria for a positive exercise test for exercise-induced asthma

Know how to calculate PD₂₀ and PC₂₀ from methacholine challenge data

g. Complications

Know that lobar atelectasis is a complication of asthma

Know that pneumothorax is a life-threatening complication of acute asthma

Know the contraindications for bronchial provocation tests

Understand how allergic bronchopulmonary aspergillosis can complicate asthma

5. Prevention and therapeutic approach

a. Prevention

Understand the importance of allergen identification and avoidance in patients with asthma

Understand the importance of eliminating smoke from the environment of a patient with asthma

Know the role of asthma education programs in the management of asthma

b. Therapeutic approach

Know the indications and therapeutic guidelines for using theophylline in acute asthma

Know the indications and therapeutic guidelines for using beta-agonists in acute asthma

Know the indications and therapeutic guidelines for using anticholinergic drugs in the treatment of acute asthma

Understand the management of lobar collapse in asthma

Know the benefits of systemic administration of corticosteroids to patients with asthma

Know the time required for the benefits of systemic administration of corticosteroids to appear

Know what conditions requiring antibiotic therapy can complicate acute asthma

Know the management of pneumothorax in acute asthma

Recognize the indications for oxygen therapy in a patient with acute asthma

Understand the indications for and role of mechanical ventilation in the treatment of acute asthma

Know the therapeutic guidelines for fluid management in acute asthma

Recognize the clinical effects of cromolyn sodium on the dual asthmatic response

Know that short-acting beta-2 agonists do not block the late asthmatic response

Know the effect of theophylline on the late asthmatic response

Know proposed mechanisms of action of corticosteroids in patients with asthma

Recognize the effect of corticosteroids on the immediate and late asthmatic response

Know the therapy for exercise-induced asthma

Know the relative glucocorticoid and mineralocorticoid potencies of the steroid preparations available for the treatment of asthma

Recognize that metered-dose inhalers and wet nebulization are equally effective techniques in the delivery of drugs to patients with mild to moderate asthma

Know the indications and therapeutic guidelines for oral beta-agonists in chronic asthma

Know the efficacy of different techniques of administering inhaled asthma medications

Know the drugs that are contraindicated in children with asthma

Know the indications and therapeutic guidelines for the administration of intravenous beta-agonists in acute asthma

Recognize the indications and therapeutic guidelines for administration of theophylline to patients with chronic asthma

Know that corticosteroids by inhalation can reduce dependence on systemic corticosteroids in patients with chronic asthma

Know the types of medications that may decrease airway responsiveness in patients with asthma

Know that cromolyn sodium is useful in the treatment of both atopic and nonatopic asthma

Know the indications and therapeutic guidelines for the use of cromolyn sodium in patients with asthma

Know that cromolyn sodium blocks the seasonal increase in bronchial reactivity

Know that the use of a home peak-flow meter can be an effective adjunct to a total therapy program for asthma

Know that cromolyn sodium blocks both the early and late phases of the asthmatic response to inhaled allergens

Know that nedocromil blocks both early and late phases of the asthmatic response to inhaled allergens

Know the appropriate management of fluids in children with asthma

Know the management of pneumomediastinum in acute asthma

c. Side effects of therapy

Know that administration of oral beta-agonists is associated with more side effects than inhaled beta-agonists

Understand the risks of mechanical ventilation associated with the treatment of severe acute asthma

Know the manifestations of adrenal suppression in asthmatic patients being treated with corticosteroids

Recognize the side effects of long-term treatment of asthma with oral corticosteroids

Recognize the indications for administration of systemic corticosteroids in asthmatic patients treated with corticosteroids

Recognize the side effects of long-term treatment of asthma with corticosteroids by inhalation

Know the side effects of anticholinergic drugs in the management of acute asthma

Know the side effects of theophylline in the management of acute asthma

Know the side effects of intravenous beta-agonists in the management of acute asthma

Know the side effects of inhaled beta-agonists in the management of acute asthma

Know the potential drug interactions in the treatment of acute asthma

Understand the factors that contribute to atelectasis in patients with asthma (eg, airway plugging, oxygen therapy, muscle paralysis, endotracheal intubation)

d. Allergic bronchopulmonary aspergillosis (ABPA)

Know the diagnostic criteria for allergic bronchopulmonary aspergillosis

Know the therapy for allergic bronchopulmonary aspergillosis

Know the clinical and laboratory manifestations of allergic bronchopulmonary aspergillosis

6. Prognosis

a. Natural history

Know the likelihood of spontaneous remission of childhood asthma

Recognize that in patients with asthma, symptoms of asthma may decrease while airway reactivity remains increased

Know the relationship between age of onset and severity of childhood asthma

Know the mortality rate and predictors of mortality in children with asthma

Know the changes in blood gases and pulmonary function measurements during the resolution of status asthmaticus

Know the prognosis for wheezing in early infancy

D. Bronchiolitis

1. Epidemiology

Know that the vast majority of infants are infected with respiratory syncytial virus in the first year after birth

Know that young age, premature birth, and a history of apnea of prematurity are risk factors for the development of apnea with viral bronchiolitis

Know that certain ethnic groups are at increased risk for the development of permanent sequelae of adenoviral bronchiolitis

Know that natural immunity to respiratory syncytial virus is imperfect and that reinfection is common

Know that respiratory syncytial virus is commonly transmitted by direct inoculation of virus onto the mucous membrane rather than by exposure to airborne virus

Know the factors associated with an increased risk of bronchiolitis

2. Etiology/genetics

Know that bronchiolitis obliterans can follow a variety of insults, including pulmonary infections, inhalation of toxic gases, and graft-versus-host disease

Know that respiratory syncytial virus is the most common cause of bronchiolitis in infancy

3. Pathophysiology

a. Pathology

Recognize the pathologic findings associated with bronchiolitis

Recognize the histologic picture of bronchiolitis obliterans

Know the functional characteristics of the lung and chest wall that predispose the infant with bronchiolitis to increased morbidity

b. Phys mechanisms and consequences

Know that hypoxemia associated with bronchiolitis usually represents disruption of the normal matching of ventilation and perfusion

4. Diagnosis and clinical manifestations

a. History

b. Physical examination

Recognize the physical findings typical of bronchiolitis

c. Imaging

Recognize radiologic findings typical of acute bronchiolitis

Recognize imaging findings typical of bronchiolitis obliterans

Recognize radiographic findings typical of unilateral or localized hyperlucent lung (Swyer-James or Macleod syndrome)

d. Pulmonary function tests

e. Other investigations

Know that carbon dioxide retention is usually a late finding in patients with viral bronchiolitis

Know that bacterial superinfection in the first three or four days of infection is uncommon in infants with respiratory syncytial virus bronchiolitis

Know the diagnostic tests for the identification of the organism causing viral bronchiolitis

f. Diagnostic criteria

g. Complications

Know the association between bronchiolitis in infancy and subsequent lower respiratory tract symptoms

5. Prevention and therapeutic approach

a. Prevention

Understand the hazards of Ribavirin to health care workers

Know how to reduce nosocomial transmission of respiratory syncytial virus

b. Therapeutic approach

Know the indications for oxygen therapy in infants with bronchiolitis

Understand the role of Ribavirin in infection with respiratory syncytial virus

Know the effects of adrenergic agonists on patients with viral bronchiolitis

Know that antibiotic and corticosteroid therapies are rarely indicated for infants with uncomplicated viral bronchiolitis

c. Side effects of therapy

Know that following use of a killed viral vaccine for respiratory syncytial virus infants exposed to wild virus develop worse disease than non-vaccinated infants

6. Prognosis

a. Natural history

Know the natural history of bronchiolitis obliterans in an immunocompetent host

b. Prognosis with therapy

Know that the bronchiolitis obliterans associated with graft-versus-host disease is often fatal despite therapy

E. Cystic fibrosis

1. Epidemiology

2. Etiology/genetics

Given an incidence figure for cystic fibrosis in the population, be able to calculate the probable carrier rate

Given the scenario of two parents who have a child with cystic fibrosis, be able to calculate the odds that future children will have cystic fibrosis, be heterozygote carriers, or be homozygous normal

Be able to calculate the odds that siblings, aunts, and uncles of patients with cystic fibrosis will have a child with cystic fibrosis

Know the most common gene mutation that causes cystic fibrosis in North America

3. Pathophysiology

a. Pathology

Know the major pathologic features of the lungs and pancreas in patients with cystic fibrosis

Know the evolution of airway damage in the lungs of patients with cystic fibrosis

b. Path mechanisms and consequences

Know that chloride permeability of epithelial cells is abnormal in cystic fibrosis

Know the putative relationship between the chloride defect in cystic fibrosis and abnormalities in the respiratory tract, pancreatic ducts, and sweat glands

Know that ion transport defect does not recur in lungs transplanted into patients with cystic fibrosis

Know the relationship between ion transport defects in cystic fibrosis and abnormalities in transepithelial voltage

Know the sequence of the functional changes in the lungs of patients with cystic fibrosis

Know the mechanism of hepatobiliary disease in patients with cystic fibrosis

Know the mechanism of diabetes mellitus in patients with cystic fibrosis

Know the mechanism of steatorrhea in patients with cystic fibrosis

Know the mechanism of fat-soluble vitamin deficiencies in patients with cystic fibrosis

Know the mechanism of hypochloremic alkalosis in infants with cystic fibrosis

Know the association between pancreatitis and cystic fibrosis

Know the signs and symptoms associated with distal intestinal obstruction syndrome in patients with cystic fibrosis

4. Diagnosis and clinical manifestations

a. History

Recognize the clinical manifestations of meconium ileus in a newborn infant

Recognize the clinical manifestations of meconium ileus equivalent

Recognize the clinical manifestations of cystic fibrosis in a patient with untreated steatorrhea

Recognize the clinical manifestations of a typical exacerbation of cystic fibrosis lung disease

Recognize the clinical manifestations of deficiencies of the following vitamins: A, D, E, and K

Recognize the clinical manifestations of diabetes mellitus in a patient with cystic fibrosis

Recognize the clinical manifestations of hepatobiliary disease in a patient with cystic fibrosis

Recognize the clinical manifestation of pancreatitis in a patient with cystic fibrosis

b. Physical examination

Recognize the physical findings typically associated with diffuse bronchiectasis

Be able to recognize nasal polyps

Be able to recognize digital clubbing

Recognize the physical findings associated with linoleic acid deficiency

c. Imaging

Recognize findings of cystic fibrosis on x-ray study of the chest

Recognize typical manifestations of cystic fibrosis on computed tomography (CT scan) of the chest

Know that findings on x-ray studies of the sinuses are not usually helpful in the management of sinus disease in patients with cystic fibrosis

Recognize the indications for bronchial arteriography in a patient with cystic fibrosis

Recognize radiographic findings typical of intestinal obstruction caused by meconium ileus equivalent in a patient with cystic fibrosis

d. Pulmonary function tests

Recognize pulmonary function findings typical of cystic fibrosis and its progression

e. Other investigations

Know how to assess pancreatic exocrine deficiency

Know the major laboratory criteria for allergic bronchopulmonary aspergillosis in patients with cystic fibrosis

Recognize the typical blood gas findings associated with various stages of cystic fibrosis lung disease

Recognize that both mucoid and non-mucoid strains of *Pseudomonas aeruginosa* may be cultured from sputum in patients with cystic fibrosis and that the mucoid strain is secondary to release of exopolysaccharide

f. Diagnostic criteria

Know the minimum amount of sweat required for an acceptable sweat test

Know that a single sweat test result by itself does not confirm or negate the diagnosis of cystic fibrosis

Recognize the indications for repeating a sweat chloride measurement

Recognize the value and limitations of genetic testing in the diagnosis of cystic fibrosis

g. Complications

Recognize the association between pulmonary hemorrhage and cystic fibrosis

Know that pneumothorax is a complication of cystic fibrosis lung disease

Know that nasal polyposis is a frequent complication of cystic fibrosis

Know that sterility is very common in males with cystic fibrosis

Know that portal hypertension may result from hepatobiliary disease in patients with cystic fibrosis

Know that dehydration and hypotension may be the initial symptoms in a patient with cystic fibrosis

Recognize that the incidence of diabetes mellitus increases with increasing age in patients with cystic fibrosis

Recognize that cor pulmonale is a complication of advanced cystic fibrosis lung disease

Recognize the complications associated with advanced pulmonary disease in patients with cystic fibrosis

Know that hemoptysis in a patient with cystic fibrosis usually originates from the bronchial circulation

5. Prevention and therapeutic approach

a. Prevention

Know that prenatal diagnosis of cystic fibrosis is possible

b. Therapeutic approach

Know the treatment of nasal polyps in patients with cystic fibrosis

Know the treatments for meconium ileus equivalent in patients with cystic fibrosis

Know the treatments for massive pulmonary hemorrhage in patients with cystic fibrosis

Know the treatment options for pneumothorax in patients with cystic fibrosis

Know the positive and negative effects of bronchodilators on pulmonary function in patients with cystic fibrosis

Know that altered pharmacokinetics occur in patients with cystic fibrosis

Know the therapeutic approach for the patient with cystic fibrosis who is exposed to varicella

Know the association between pancreatic enzyme replacement therapy and colonic strictures

Know the treatment of acute pulmonary exacerbation in cystic fibrosis

6. Prognosis

a. Natural history

Know the indications for the use of bronchodilators in cystic fibrosis

Know the indications for the use of DNase in cystic fibrosis

b. Prognosis with therapy

Know the prognosis of cystic fibrosis with current therapy

F. Interstitial lung disease

1. Epidemiology

2. Etiology/genetics

Know which disease entities are associated with lymphoid interstitial pneumonia

Know which medications cause interstitial lung disease

Know that radiation exposure can cause interstitial fibrosis

Know which collagen vascular diseases produce interstitial lung disease

Recognize that fibrosing alveolitis may be a manifestation of graft versus host disease following bone marrow transplantation

Know the most common source of hypersensitivity pneumonitis

Know the most common antigens associated with hypersensitivity pneumonitis

3. Pathophysiology

a. Pathology

Know the histology of desquamative interstitial pneumonitis

Know the histology of lymphoid interstitial pneumonia

Recognize the pulmonary manifestations of collagen vascular disease

b. Path mechanisms and consequences

4. Diagnosis and clinical manifestations

a. History

Know the time course of onset of radiation-induced pneumonitis

Recognize clinical symptoms suggestive of interstitial lung disease in infants and older children

b. Physical examination

Recognize physical findings characteristic of interstitial lung disease (eg, tachypnea and crackles) in children

c. Imaging

Recognize radiographic manifestations of interstitial lung disease

Recognize radiographic manifestations of pulmonary disease produced by collagen vascular involvement due to collagen vascular disease

Know the usefulness of high-resolution computed tomography (CT scan) in the management of interstitial lung disease

Know the radiologic appearance and clinical implications of honey-comb lung

d. Pulmonary function tests

Identify pulmonary function abnormalities associated with interstitial lung disease

e. Other investigations

Recognize the lung function abnormalities that develop during exercise in patients with severe interstitial lung disease

f. Diagnostic criteria

Know that open lung biopsy is necessary for the appropriate diagnosis of interstitial lung disease

g. Complications

Recognize the complications associated with interstitial lung disease in childhood

5. Prevention and therapeutic approach

a. Prevention

b. Therapeutic approach

Know the indications for the use of systemic steroids in interstitial lung disease of childhood

Know the indications for the use of chloroquine in interstitial lung disease of childhood

c. Side effects of therapy

6. Prognosis

a. Natural history

Know the natural history of chronic hypersensitivity pneumonia in childhood

Know the natural history of interstitial fibrosis (Hamman-Rich syndrome) in childhood

b. Prognosis with therapy

G. Pneumonia

1. Bacterial pneumonia

a. Epidemiology

Know that the incidence of acute pneumonia is greatest in children younger than 5 years of age

Know how the incidence of Mycoplasma pneumonia varies with age

b. Etiology/genetics

Know the most common pathogens responsible for bacterial pneumonia in infants under 1 month of age

Know the most common pathogens responsible for bacterial pneumonia in children between 1 month and 2 years of age

Know the most common pathogens responsible for aerobic bacterial pneumonia in the adolescent patient

Know the most common pathogens responsible for lung abscesses in children

Know the most common pathogens responsible for empyema in children

Know the most common pathogens responsible for anaerobic bacterial pneumonia in children

Know the most common pathogens responsible for bacterial pneumonia in children with splenic dysfunction or absence of the spleen

Know the most common pathogens responsible for bacterial pneumonia in children with immunoglobulin deficiency

Know the most common pathogens responsible for bacterial pneumonia in pharmacologically immunosuppressed children

Know the common pathogens causing pneumonia in children with chronic granulomatous disease

Know the pathogen that produces pneumonia in children with sickle cell anemia

c. Pathophysiology

(1). Pathology

Know the histologic appearance of common childhood bacterial pneumonia

Know the histologic appearance of a sputum sample in acute bacterial pneumonia

(2). Path mechanisms and consequences

Know the differences in inflammatory cell infiltrates in bacterial and viral pneumonia

Know the mechanisms responsible for air-fluid levels in patients with bacterial pneumonia

d. Diagnosis and clinical manifestations

(1). History

Recognize the symptoms of acute pneumonia in infants

Recognize the symptoms of acute pneumonia in older children

Know the factors in a child's history that suggest an anaerobic pneumonia

Know the findings in the history that would lead you to suspect *Mycoplasma pneumoniae*

(2). Physical examination

Recognize the physical findings associated with acute lobar pneumonia in infants

Recognize the physical findings associated with acute lobar pneumonia in older children

Know that malodorous breath may signify anaerobic bacterial pneumonia

Recognize discrepancies between radiographic and physical findings in children infected with *Mycoplasma pneumoniae*

Know the physical findings indicating pleural fluid in a patient with bacterial pneumonia

(3). Imaging

Recognize pneumatoceles on an x-ray study of the chest

Know that radiographic signs do not distinguish between viral and bacterial pneumonias

Know the typical appearance of a lobar pneumonia on imaging studies of the chest

Know the typical appearance of a lung abscess on imaging studies of the chest

Know the typical appearance of a pleural effusion on an x-ray study of the chest

Know the appearance of pleural fluid and/or empyemas on an ultrasound study of the chest

Know that cylindrical bronchiectasis is a common finding during the first few weeks after an uncomplicated pneumonia in an otherwise normal child

Know the natural history of pneumonias seen on x-ray studies of the chest

Know the role of imaging procedures in obtaining diagnostic samples or performing therapeutic drainage of pleural fluid or lung abscesses

(4). Pulmonary function tests

Know the changes in blood gas tensions that accompany acute pneumonia

Know the changes in spirometry that would be anticipated in acute lobar pneumonia

(5). Other investigations

Know the limitations of urine latex particle agglutination tests for bacterial pneumonias in children

Know the yield for blood cultures associated with bacterial pathogens that produce pneumonia in childhood

Know the limitations of nasal and oral bacterial cultures in a child with pneumonia

Know the role of cold agglutinins in establishing the diagnosis of Mycoplasma pneumonia

Know the procedure and limitations of bacterial cultures obtained at bronchoscopy in the diagnosis of bacterial pneumonias

Know the typical laboratory characteristics of an empyema

Know the typical laboratory characteristics of a pleural effusion complicating a pneumonia

Know the indications for thoracostomy tube drainage of pleural fluid or empyema in patients with bacterial pneumonia

(6). Diagnostic criteria

Know the laboratory test most likely to establish the diagnosis of Mycoplasma pneumonia

Understand the role of bronchoalveolar lavage, thin needle aspiration, and open lung biopsy in diagnosing pneumonia

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

Know the impact of H. influenzae vaccination on pneumonia in normal and immunocompromised patients

Know the impact of S. pneumonia vaccination on pneumonia in immunocompromised patients

Know that prophylactic installation of antibiotics in the eyes at birth does not prevent the later onset of chlamydial pneumonia

(2). Therapeutic approach

Know choices of organisms likely to cause bacterial pneumonia in an otherwise healthy infant over 1 month of age

Know the antibiotics used in the treatment of infection with *Mycoplasma pneumoniae*

Know which antibiotics should be used and how they should be administered to treat anaerobic bacterial pneumonia

Know which antibiotics should be used and how they should be administered to treat immunocompetent patients with bacterial pneumonias

Know which antibiotics should be used and how they should be administered to treat immunodeficient patients with bacterial pneumonia

Know how body position may affect oxygenation in patients with lobar pneumonia

Know when and how oxygen therapy should be given in bacterial pneumonia

Know that inappropriate secretion of antidiuretic hormone (SIADH) may complicate severe pneumonias and how SIADH should be treated

Understand the role of physiotherapy in the management of bacterial pneumonia

Understand the management of a lung abscess

Understand the management of an empyema

Know the role of antibiotics in the treatment of *Bordetella pertussis* infection

(3). Side effects of therapy

Know the side effects of drainage of pulmonary abscesses

f. Prognosis

(1). Natural history

Know the long-term consequences of empyemas

(2). Prognosis with therapy

Know the natural history of pleural thickening in a patient adequately and successfully treated for empyema

Know the natural history of pneumonia

Know that pulmonary function tests after empyema are usually normal

2. Viral pneumonia

a. Epidemiology

Know that there is an increased incidence of certain viral pneumonias at specific times of the year

b. Etiology/genetics

Know the common viral etiologies of pneumonia in the newborn period

Know the common viral etiologies of pneumonia after the neonatal period

Know the most common pathogens responsible for viral pneumonia in pharmacologically immunosuppressed patients

c. Pathophysiology

(1). Pathology

Know the histologic appearance of common viral pneumonias in pediatric patients

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

(2). Physical examination

Recognize the similarity of physical findings in viral and bacterial pneumonia

(3). Imaging (See I. G. 1. d. 3.)

(4). Pulmonary function tests

(5). Other investigations

Know the limitations of rapid diagnostic tests for viral pneumonia

Know that cold agglutinins may be positive in viral pneumonias

(6). Diagnostic criteria

Understand the roles of serologic and culture criteria for diagnosing viral pneumonias

(7). Complications

Know that bacterial superinfection may complicate viral pneumonia

e. Prevention and therapeutic approach

(1). Prevention (See Section IV.A.)

(2). Therapeutic approach

Know the therapeutic approach for the use of antiviral agents (eg, amantadine, acyclovir) in the treatment of viral pneumonias

(3). Side effects of therapy

Know the potential side effects of antiviral agents

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know the natural history of cytomegalovirus

3. Fungal pneumonia

a. Epidemiology

Know that almost all fungi can be pathogens in the respiratory tract in a susceptible host

Know the geographic distribution of fungal pneumonias

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

Recognize the histologic appearance of fungal infections

Know that *Cryptococcus neoformans* has a distinguishing polysaccharide capsule

(2). Path mechanisms and consequences

Know that inhalation of fungal spores causes respiratory disease with *Histoplasma*, *Blastomyces*, *Coccidioides*, and *Cryptococcus*

Know that fungal infections can develop as a result of dysfunction of lymphocytes, macrophages, neutrophils and/or complement

d. Diagnosis and clinical manifestations

(1). History

Know that onset of fungal pulmonary disease may be acute, insidious, or asymptomatic

(2). Physical examination

(3). Imaging

(4). Pulmonary function tests

(5). Other investigations

Know the role of skin testing in the diagnosis of fungal infections of the lung

(6). Diagnostic criteria

Know that the clinical and radiographic picture of pulmonary histoplasmosis may be similar to that of pulmonary tuberculosis

Know that the diagnosis of fungal infections can be confirmed by measurement of titers during the acute and convalescent phases

Know the differential diagnosis of thin-walled pulmonary cavities (eg, coccidioidomycosis)

(7). Complications

Know that extrapulmonary disease can occur in patients with fungal pneumonias

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the antibiotic treatment for pulmonary fungal infections

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

4. Tubercle bacilli

a. Epidemiology

Know that miliary tuberculosis and lymphatic tuberculosis occur more frequently in patients younger than 4 years of age

Know the epidemiology of drug-resistant tuberculosis

Know the epidemiology of atypical mycobacteria

b. Etiology/genetics

Know the circumstances that predispose children to primary tuberculosis

Know the circumstances that predispose to reactivation of tuberculosis

Know why children with active tuberculosis rarely infect others

c. Pathophysiology

(1). Pathology

Recognize the typical histologic appearance of a caseating granuloma

Know that atypical mycobacteria, rather than tuberculous mycobacteria, are more likely to be found in patients with mycobacterial cervical adenitis

Recognize the typical histologic appearance of acid-fast bacilli

Understand that transplacental infection of the fetus with *Mycobacterium tuberculosis* may occur

(2). Path mechanisms and consequences

Know the mechanism of immune response to infection with *Mycobacterium tuberculosis*

Understand that mycobacteria in primary infection are cleared via lymphatics

d. Diagnosis and clinical manifestations

(1). History

Know that the risk for the development of tuberculous disease is greatest within the first two years after initial exposure

Know that tuberculosis meningitis may have an insidious onset with a prolonged nonspecific prodrome of gastrointestinal symptoms

(2). Physical examination

Know that physical examination of children with active tuberculosis may reveal normal findings or non-specific signs

(3). Imaging

Recognize miliary tuberculosis on an x-ray study of the chest

Recognize the typical findings of primary tuberculosis on an x-ray study of the chest

(4). Pulmonary function tests

(5). Other investigations

Know how to obtain gastric washing for Mycobacterium tuberculosis culture

Know the influence of bacille Calmette-Guerin immunizations on Mantoux testing

Know the etiologies of false-negative results of intradermal tuberculin skin tests

Identify the etiology of false-positive results of intradermal tuberculin skin tests

Know the utility of bronchoalveolar lavage in the diagnosis of pulmonary tuberculosis

Know the limitations of use of multiple-puncture tuberculin skin tests

Know the influence of previous infection with atypical mycobacteria on Mantoux skin testing

Know how to interpret a Mantoux test in a patient with immunodeficiency

Know how to interpret a positive Mantoux test

(6). Diagnostic criteria

Know the likelihood of culturing Mycobacterium tuberculosis from gastric aspirates in various clinical stages of tuberculosis (eg, primary versus cavitory)

Know how to evaluate a patient for tuberculosis, given that BCG vaccine was previously administered

(7). Complications

Understand the pulmonary complications of untreated primary tuberculosis

e. Prevention and therapeutic approach

(1). Prevention

Know the management of a newborn infant whose mother has active tuberculosis

Be able to evaluate and treat other children in the home of a child with positive results on a Mantoux skin test

Understand the role of community surveillance in the management of tuberculosis

(2). Therapeutic approach

Know the accepted courses of therapy for pulmonary tuberculosis

Know the toxicities of isoniazid, rifampin, streptomycin, pyrazinamide, and ethambutol

Know the standard drugs and duration of treatment for primary pulmonary tuberculosis

Know the standard drugs and duration of treatment for acute miliary tuberculosis

Know the standard drugs and the duration of treatment for tuberculous meningitis

Know the standard drugs and the duration of treatment for reactivation tuberculosis

(3). Side effects of therapy

Know the contraindications for isoniazid therapy

f. Prognosis

(1). Natural history

Know that most primary tuberculosis infections will improve without treatment

(2). Natural history with therapy

Understand the effect treatment of primary tuberculosis has on the incidence of subsequent reactivation of the disease

5. Parasites

a. Epidemiology

Recognize the association of pneumocystis pneumonia with acquired immunodeficiency syndrome and immunocompromised patients

b. Etiology/genetics

Know the routes whereby parasitic infections are acquired

c. Pathophysiology

(1). Pathology

Know that asymptomatic infection, the presence of only a pulmonary infection, and the occurrence of extrapulmonary disease in immunocompromised patients are characteristics of infection with *Pneumocystis carinii*

Know that pneumonitis due to *Pneumocystis carinii* is characterized by an intra-alveolar foamy eosinophilic exudate

Know that markedly decreased numbers of T-lymphocytes predispose to *Pneumocystis carinii* infection

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

Recognize clinical manifestations of visceral larva migrans

Recognize the clinical presentation of pneumocystis pneumonia

Recognize clinical features of echinococcal infection

Know that hemoptysis may be a primary manifestation of pulmonary infection with Echinococcus

(2). Physical examination

Recognize the findings on physical examination of a patient with Pneumocystis carinii pneumonia

Recognize that clubbing rarely occurs in patients with pulmonary parasitic infections

(3). Imaging

Recognize Pneumocystis carinii pneumonia on an x-ray study of the chest

Recognize radiographic features of echinococcal infection

(4). Pulmonary function tests

Know that restrictive lung disease on pulmonary function testing can occur with pneumonitis due to Pneumocystis carinii

(5). Other investigations

Know the appearance of bronchoalveolar lavage fluid in pneumocystis pneumonia

Know that visceral larval migrans is associated with marked eosinophilia within peripheral blood

(6). Diagnostic criteria

Know laboratory diagnostic procedures for pneumocystis as etiology of pneumonia

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the treatment for pneumonitis due to Pneumocystis carinii

Know the approaches to prophylaxis against Pneumocystis carinii pneumonia

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that survivors of *Pneumocystis carinii* pneumonia have normal pulmonary function test results

6. Others

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

(2). Physical examination

(3). Imaging

Know that neither chlamydial pneumonia nor *Bordetella* pneumonia is associated with pleural effusions

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

Know that chlamydial pneumonia is accompanied by eosinophilia

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). **Therapeutic approach**

(3). **Side effects of therapy**

f. **Prognosis**

(1). **Natural history**

(2). **Prognosis with therapy**

H. **Disorders of the chest wall, diaphragm, and pleural space**

1. **Chest wall**

a. **Ribs**

(1). **Epidemiology - NA**

(2). **Etiology/genetics**

Know that asphyxiating thoracic dystrophy is inherited in an autosomal recessive manner

(3). **Pathophysiology**

(a). **Pathology**

(b). **Path mechanisms and consequences**

Know that the chest wall abnormalities associated with asphyxiating thoracic dystrophy (short horizontal ribs and flared costochondral junctions) result in a fixed chest wall and hypoplastic lungs

Know the pathophysiologic consequences of chest wall restriction

(4). **Diagnosis and clinical manifestations**

(a). **History**

(b). **Physical examination**

Recognize the association between a small, bell-shaped chest and asphyxiating thoracic dystrophy

(c). **Imaging**

Recognize the radiographic appearance of the rib cage characteristic of asphyxiating thoracic dystrophy

Recognize the radiographic appearance of abnormal thoracic vertebrae and ribs

Recognize the radiographic appearance of the chest characteristic of progressive spinal atrophy

Recognize the radiographic appearance of benign chest wall tumors

(d). Pulmonary function tests

Recognize that asphyxiating thoracic dystrophy is associated with severe restrictive lung disease

Recognize the pulmonary function abnormalities associated with muscular dystrophy

(e). Other investigations

(f). Diagnostic criteria

(g). Complications

Recognize that respiratory failure is the primary cause of death in asphyxiating thoracic dystrophy

Recognize that asphyxiating thoracic dystrophy is associated with polydactyly and renal and hepatic disorders

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

(c). Side effects of therapy - NA

(6). Prognosis

(a). Natural history

Recognize that the course of asphyxiating thoracic dystrophy is variable and is dependent on the degree of pulmonary hypoplasia

(b). Prognosis with therapy

b. Sternum-pectus deformities

(1). Epidemiology

(2). Etiology/genetics

Recognize that pectus excavatum occurs as both a congenital and acquired defect, the latter most likely secondary to lung disease

Recognize that pectus excavatum is associated with Marfan syndrome

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

(b). Physical examination

(c). Imaging

Recognize findings associated with a pectus excavatum deformity on x-ray study of the chest

(d). Pulmonary function tests

Recognize changes in lung function secondary to a pectus excavatum deformity

Recognize the effects of pectus excavatum on exercise tolerance

Realize that pectus carinatum is not associated with significant changes in cardiopulmonary function

(e). Other investigations

(f). Diagnostic criteria

(g). Complications

Recognize that asymmetric pectus excavatum may be associated with secondary thoracic scoliosis

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize that the primary indication for surgical treatment of pectus deformities is cosmesis

Realize that surgical correction of pectus excavatum deformity is not associated with significant improvement in pulmonary function

Recognize that in a small number of patients with pectus excavatum, exercise tolerance is limited by the inability to increase tidal volume at maximal exercise workload

Know that moderate pectus excavatum does not cause symptoms at rest or on exercise

(c). Side effects of therapy

(6). Prognosis

(a). Natural History

Recognize that a pectus excavatum deformity may worsen with growth

(b). Prognosis with therapy

Recognize that recurrence of a pectus excavatum is possible following surgical repair, especially in children with Marfan syndrome

c. Diaphragm

(1). Epidemiology

(2). Etiology/genetics

Recognize birth factors that may contribute to diaphragmatic paralysis

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Know that eventration of the diaphragm can result from diaphragmatic maldevelopment

(4). Diagnosis and clinical manifestations

(a). History

Recognize that diaphragmatic eventration is included in the differential diagnosis of severe respiratory distress in newborn infants

(b). Physical examination

Recognize the physical findings associated with diaphragmatic eventration

Recognize the physical findings typical of unilateral and bilateral diaphragmatic paralysis

(c). Imaging

Recognize the radiographic appearance of diaphragmatic eventration

Recognize the radiographic appearance of diaphragmatic paralysis

Recognize the significance of paradoxical movement of the diaphragm on fluoroscopy

(d). Pulmonary function tests

(e). Other investigations

(f). Diagnostic criteria

(g). Complications

Recognize that chronic atelectasis and chronic/recurrent pneumonia are complications of diaphragmatic eventration and paralysis

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize the indications for repair of a diaphragmatic eventration

Know that conservative management using an endotracheal tube and continuous positive airway pressure is indicated in patients with postsurgical traumatic injury of the phrenic nerve

Know that persistence of symptoms that require continued ventilatory support following post-surgical traumatic injury of the phrenic nerve is an indication for plication of the diaphragm

(c). Side effects of therapy

(6). Prognosis

(a). Natural history

Know the natural history of postsurgical traumatic injury of the phrenic nerve

(b). Prognosis with therapy

d. Thoracic vertebrae - scoliosis

(1). Epidemiology

(2). Etiology/genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

(b). Physical

Recognize that physical examination of a patient with thoracic scoliosis may yield normal findings on the convex side and may show decreased breath sounds and inspiratory crackles on the concave side

(c). Imaging

Recognize changes induced by thoracic scoliosis on x-ray study of the chest

(d). Pulmonary function tests

Recognize that curvatures greater than 60 degrees are associated with detectable pulmonary function abnormalities

Recognize that scoliosis results in a restrictive pattern of lung function

Recognize that residual volume is normal and total lung capacity is decreased in patients with thoracic scoliosis

Recognize that V_d/V_t increases with severe scoliosis, contributing to alveolar hypoventilation

Recognize that flow rates (peak expiratory flow rate, FEF 25-75%) are decreased in proportion to the decrease in lung volume in patients with scoliosis

Recognize that chest wall compliance is reduced more than lung compliance in patients with scoliosis

Recognize that exercise tolerance in patients with thoracic scoliosis is usually limited by ventilatory rather than circulatory factors

(e). Other investigations

(f). Diagnostic criteria

(g). Complications

Recognize the relationship between curvatures greater than 90 degrees and the increased risk of cardiorespiratory failure in patients with scoliosis

Recognize that hypoventilation and hypoxemia may occur during REM sleep in patients with moderate scoliosis

Recognize that pulmonary hypertension is a complication of severe scoliosis

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Know that surgical intervention in children and adolescents with scoliosis may be indicated to prevent worsening of lung function

(c). Side effects of therapy

Recognize that atelectasis, hemothorax, pneumothorax, pulmonary edema, and fat emboli are complications of surgical management of scoliosis

Recognize that underlying neuromuscular disease increases the risks of postoperative complications in patients with scoliosis

(6). Prognosis

(a). Natural history

(b). Prognosis with therapy

2. Pleural space

a. Effusion

(1). Epidemiology

(2). Etiology/genetics

Know the etiologies of chylothorax

Know that an imbalance between fluid reabsorption and filtration determines the accumulation of fluid in the pleural space

Know the subdiaphragmatic processes that may lead to pleural effusions

Know the etiologies of pleural effusion

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Know the pathophysiology of parapneumonic effusions

Know that lymphoma may be associated with pleural effusions

(4). Diagnosis and clinical manifestations

(a). History

(b). Physical examination

Recognize the physical findings characteristic of a pleural effusion

(c). Imaging

Recognize the limitations of a supine-view x-ray study of the chest in detecting pleural effusion

Recognize findings typical of a pleural effusion on x-ray study of the chest

Recognize the role of lateral/decubitus-view x-ray studies of the chest in the evaluation of a pleural effusion

Recognize the role of ultrasonography and computed tomography (CT scan) of the chest in the evaluation of a pleural effusion

(d). Pulmonary function tests

(e). Other investigations

Recognize the physical and chemical characteristics typical of pleural effusions due to various causes (eg, chylous effusion, simple transudate, exudate)

Recognize the indications for thoracentesis in a child with a pleural effusion

Know the proper procedure for performing thoracentesis in a child

Know the differential diagnosis of a bloody pleural effusion

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Know the management of malignant pleural effusions

Know the management of chylothorax

Know the management of pleural effusions (transudates and exudates)

Know the management of empyema

(c). Side effects of therapy

(6). Prognosis

(a). Natural history

(b). Prognosis with therapy

Know the natural history of treated empyema

b. Pneumothorax

(1). Epidemiology

Recognize conditions associated with increased risk of spontaneous pneumothorax

(2). Etiology/genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

(4). Diagnosis and clinical manifestations

(a). History

Know that spontaneous pneumothorax is a common cause of chest pain in adolescents

(b). Physical examination

Recognize the physical findings associated with a pneumothorax (shift of trachea and cardiac apex, and a tympanic percussion note over the affected side)

Recognize the significance of a bulging hemithorax in a neonate

(c). Imaging

Recognize radiographic findings typical of pneumothorax

Know how to distinguish lobar emphysema and a pulmonary cyst from a pneumothorax

(d). Pulmonary function tests

(e). Other investigations

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Know the appropriate management of a spontaneous pneumothorax

Know the appropriate management of recurrent pneumothorax in a normal child

Know the appropriate management of recurrent pneumothorax in a child with cystic fibrosis

Know the physiologic principles underlying the use of 100% oxygen in the treatment of pneumothorax

Know the methods for pleurodesis

(c). Side effects of therapy

Know that infection, pain, bleeding, and respiratory splinting are complications of chest tube drainage

Know that loculated pneumothoraces may be difficult to drain with a single chest tube

Recognize complications of chemical pleurodesis

(6). Prognosis

(a). Natural history

Recognize the risk of recurrence of a pneumothorax in children with obstructive lung disease (ie, cystic fibrosis)

(b). Prognosis with therapy

Know that pleural abrasion is more effective than chemical agents in reducing the risk of recurrent pneumothorax in patients with cystic fibrosis

c. Mediastinum

(1). Epidemiology

(2). Etiology/genetics

(3). Pathophysiology

(a). Pathology

(b). Path mechanisms and consequences

Know the pathophysiology of pneumomediastinum

(4). Diagnosis and clinical manifestations

(a). History

Recognize the clinical manifestations of a mediastinal mass

Recognize the clinical picture of acute bacterial mediastinitis

(b). Physical examination

Know that mediastinal masses may not be apparent on physical examination

Know that the respiratory findings typical of mediastinal masses are generally secondary to airway compression

(c). Imaging

Know the differential diagnosis of the radiographic finding of a mass in each of the four compartments of the mediastinum

Recognize indications for plain x-ray studies of the chest in the evaluation of a mediastinal mass

Recognize indications for computed tomography (CT scan) of the chest in the evaluation of a mediastinal mass

Recognize indications for magnetic resonance imaging (MRI) in the evaluation of a mediastinal mass

Recognize the radiographic appearance of a pneumomediastinum

Know which masses are likely to occur in the anterior, posterior, middle, and superior mediastinum

(d). Pulmonary function tests

Know that a patient with a mediastinal mass may have a pulmonary function test pattern suggestive of a fixed intrathoracic obstruction

(e). Other investigations

Recognize the risks associated with bronchoscopy in a child with tracheal compression due to a mediastinal mass

(f). Diagnostic criteria

(g). Complications

(5). Prevention and therapeutic approach

(a). Prevention

(b). Therapeutic approach

Recognize that pneumomediastinum in an older child rarely requires therapy

(c). Side effects of therapy

(6). Prognosis

(a). Natural history

(b). Prognosis with therapy

I. Acute lung diseases in the newborn infant

1. Epidemiology

2. Etiology/genetics

Know that Werdnig-Hoffman disease is an inherited disorder

Know the etiology of transient tachypnea of the newborn

3. Pathophysiology

a. Pathology

Recognize the pathology of respiratory distress syndrome on a slide

b. Path mechanisms and consequences

Know the pathophysiologic consequences of high surface tension at the air liquid interface (eg, bronchiolar epithelial injury, pulmonary edema, low end expiratory volume, etc)

Know the mechanisms contributing to hypoxemia in respiratory distress syndrome

Know the mechanisms of meconium aspiration lung injury

4. Diagnosis and clinical manifestations

a. History

b. Physical examination

c. Imaging

Recognize the radiographic features of meconium aspiration lung injury

Recognize the radiographic presentation of transient tachypnea of the newborn

Recognize the radiographic features of respiratory distress syndrome

d. Pulmonary function tests

Know that specific airway resistance is normal in respiratory distress syndrome

Know that lung compliance is reduced in respiratory distress syndrome

e. Other investigations

f. Diagnostic criteria

Know the differential diagnosis of airflow obstruction in newborn infants

Know that early onset streptococcal pneumonia may mimic respiratory distress syndrome

Know the differential diagnosis of ventilatory unresponsiveness to carbon dioxide in the newborn period

g. Complications

Recognize complications of treatment of respiratory distress syndrome

Recognize complications of severe meconium aspiration

5. Prevention and therapeutic approach

a. Prevention

Know that prophylactic surfactant therapy may prevent hyaline membrane disease

Know that antenatal steroids are used to prevent hyaline membrane disease

b. Therapeutic approach

Know that hyaline membrane disease may be treated with surfactant replacement therapy

c. Side effects of therapy

Know the complications of therapy for hyaline membrane disease

6. Prognosis

a. Natural history

b. Prognosis with therapy

Know that school-age children who had uncomplicated hyaline membrane disease as infants do not have abnormal expiratory flow rates, lung volumes, or PaO₂ while inhaling room air

Know that school-age children who had hyaline membrane disease as newborn infants have a high incidence of bronchial hyperreactivity to methacholine by inhalation

J. Respiratory failure

1. Epidemiology

Know that death due to respiratory failure is greater in the first year after birth than in any other year of childhood

2. Etiology/genetics

Recognize the extra-pulmonary causes of respiratory failure (eg, central nervous system injury or dysfunction)

3. Pathophysiology

a. Pathology

b. Path mechanisms and consequences

Know the metabolic compensation for chronic respiratory failure

Know the compensatory mechanisms that preserve oxygen delivery to tissues in the presence of chronic hypoxemia

Know the consequences of anemia upon oxygen delivery to tissues at rest and during exercise

Know the formula for calculating tissue oxygen delivery and its clinical application

Know the clinical factors affecting oxygen delivery

Recognize the clinical signs of inadequate oxygen delivery

Know the clinical consequences of acute hypoxemia

Know the clinical consequences of chronic hypoxemia

Know the consequences of acute respiratory acidosis

Distinguish the physiologic consequences of acute hypercapnia from those of chronic hypercapnia

Recognize that respiratory failure may occur during sleep but be absent upon awakening

Know the mechanism of inspiratory muscle fatigue and respiratory failure secondary to hyperinflation of the lung

4. Diagnosis and clinical manifestations

a. History

Recognize the symptoms of recurrent nocturnal hypoxemia and hypercapnia

b. Physical examination

Understand that patients with severe neuromuscular disease and chronic respiratory failure may manifest few clinical symptoms

Recognize the physical findings typical of acute hypoxemia

Recognize the physical findings typical of acute carbon dioxide retention

c. Imaging

Recognize the radiologic findings in spinal muscular atrophy

d. Pulmonary function tests

Recognize that spirometry and blood gas tensions correlate poorly in patients with respiratory failure

e. Other investigations

Know the age-dependent normal values for PaO₂, PaCO₂, and pH

Know the techniques for and complications of obtaining arterial blood samples

Recognize the effects of sample errors on blood gas values

Recognize alveolar hypoventilation and hypoxemia from blood gas data

Recognize metabolic and respiratory acidosis from blood gas data

Know the effect of sampling sites on arterial blood gas values in patients with patent ductus arteriosus and right-to-left shunts

Recognize changes in arterial blood gas values secondary to hyperventilation due to anxiety

Recognize the measurement errors associated with capillary blood gas tension analysis

Recognize various laboratory findings for different causes of hypoxemia

f. Diagnostic criteria

5. Prevention and therapeutic approach

a. Prevention

Know which drugs produce central respiratory depression and the treatment for such depression

Know which drug interactions predispose patients to respiratory center depression and respiratory failure

b. Therapeutic approach

Know the effect of blood transfusion and calculate its impact on oxygen delivery and oxygen content

Know the indications for mechanical ventilation in patients with respiratory failure

Understand how hyperbaric oxygen therapy might improve oxygen transport to tissues

Know how to treat respiratory alkalosis

Know the treatment of altitude-induced pulmonary edema

c. Side effects of therapy

Recognize that mechanical ventilation in the treatment of chronic respiratory acidosis may lead to alkalosis and seizures

6. Prognosis

a. Natural history

b. Prognosis with therapy

K. Aspiration/inhalation injuries

1. Foreign body aspiration

a. Epidemiology

b. Etiology/genetics

Recognize retained foreign body aspiration as an etiology of recurrent pneumonia

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

Describe why the lung distal to a foreign body can be either overinflated or underinflated

Recognize the roles of esophageal foreign body in producing airway obstruction

Understand the mechanisms of hemoptysis following foreign body aspiration

Know the mechanisms by which a retained foreign body leads to bronchiectasis

Understand the acute pathophysiologic consequences of foreign body aspiration in the mainstem bronchus

d. Diagnosis and clinical manifestations

(1). History

Know that a patient with an aspirated foreign body can be asymptomatic for hours or days after aspiration

(2). Physical examination

Recognize the clinical presentation of foreign body aspiration

Recognize auscultatory findings typical of foreign body aspiration

(3). Imaging

Describe the imaging techniques used in the diagnosis of foreign body aspiration

Recognize radiologic findings typical of aspirated foreign body

(4). Pulmonary function tests

(5). Other investigations

(6). Other diagnostic criteria

Know the best methods for documenting chronic lipoid pneumonia in children

(7). Complications

Recognize the chronic sequellae of retained aspirated foreign bodies

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know why chest physiotherapy is contraindicated in patients with foreign bodies in major airways

Know the role of rigid endoscopy in the treatment of foreign body aspiration

Know the therapy for hemoptysis associated with foreign body aspiration

Recognize the indications for lobectomy to treat foreign body aspiration

Know the immediate therapy for tracheal foreign body aspiration

Know the treatment of lipoid pneumonia in children

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

2. Aspiration of liquid and food

a. Epidemiology

Know the disease states most likely associated with aspiration of food or liquid in children

Know the circumstances that predispose children to liquid aspiration

b. Etiology/genetics

Recognize the anatomic abnormalities that lead to recurrent pulmonary aspiration of liquids or foods

Know that swallowing disorders in the absence of anatomic malformations can lead to recurrent aspiration of liquids and foods

c. Pathophysiology

(1). Pathology

Recognize the pathologic features characteristic of lipid aspiration in the lungs

Recognize that chronic aspiration of lipid can lead to interstitial pulmonary fibrosis

(2). Path mechanisms and consequences

Know that pH and volume of substance aspirated are major determinants of the severity of the lung injury in aspiration syndromes

Understand the pathophysiologic consequences of massive aspiration of gastric contents

Recognize the role of poor oral hygiene and gingivitis as risks in suppurative lung diseases

Recognize the bacterial flora associated with pulmonary infections following aspiration of liquids and foods

d. Diagnosis and clinical manifestations

(1). History

Know that aspiration of ingested food or liquids can occur without acute coughing or choking

Recognize the clinical manifestations of chronic aspiration of liquids and foods in infants and children

(2). Physical examination

Recognize the physical findings associated with aspiration

(3). Imaging

Know that diagnostic findings may not appear on an x-ray study of the chest for several hours after an episode of aspiration

Recognize the radiographic manifestations of acute and chronic aspiration of liquids and foods into the lungs

Know the limitations of barium swallow in diagnosing recurrent aspiration of liquids and foods

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

(7). Complications

Recognize the pulmonary complications associated with chronic aspiration of liquids and foods

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Recognize the indications for placement of a gastrostomy tube and Nissen fundoplication in the management of recurrent aspiration

Know the therapies to employ in a child with primary swallowing disorder who experiences recurrent aspiration of liquid and food

Know the therapy for lipid aspiration pneumonia

(3). Side effects of therapy

f. Prognosis

(1). Natural history

Know the natural history of pulmonary disease in children with recurrent aspiration of liquids and foods

(2). Prognosis with therapy

3. Aspiration of hydrocarbons

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

Understand the pathophysiology of pulmonary injury due to hydrocarbon ingestion

d. Diagnosis and clinical manifestations

(1). History

Recognize the clinical features of hydrocarbon aspiration

(2). Physical examination

Recognize findings typical of hydrocarbon aspiration on physical examination of the chest

(3). Imaging

Know that pneumatoceles may be visible on x-ray study of the chest after hydrocarbon aspiration

Understand the progression of radiographic changes following hydrocarbon aspiration

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

(7). Complications

Anticipate the immediate and long-term complications associated with hydrocarbon aspiration

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know that cortico steroids are not indicated in the treatment of hydrocarbon aspiration

Know that the management of hydrocarbon pneumonitis in children is primarily supportive

(3). Side effects of therapy

f. Prognosis

(1). Natural history

Know the progression of clinical features of hydrocarbon aspiration

Know the natural history of acute hydrocarbon pneumonia

(2). Prognosis with therapy

4. Smoke inhalation

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

Know the pulmonary pathology of smoke inhalation injury

(2). Path mechanisms and consequences

Understand the effects of inhalation of smoke from different types of fires (eg, flash electrical versus slower wood fires; burning plastics)

Know the components of combustion that injure the lungs

Recognize the immediate pathophysiologic changes associated with smoke inhalation

Know the mechanism of injury in carbon monoxide poisoning

Recognize the role of asphyxia in addition to that of lung injury in the outcome of victims of smoke inhalation

d. Diagnosis and clinical manifestations

(1). History

Identify the clinical circumstances that predispose patients to carbon monoxide poisoning

(2). Physical examination

Recognize the physical findings associated with carbon monoxide poisoning

Recognize the physical findings associated with an upper airway/laryngeal burn

Recognize the pulmonary physical findings associated with smoke inhalation

(3). Imaging

Recognize the manifestations of smoke inhalation on x-ray study of the chest

(4). Pulmonary function tests

Recognize the changes in gas exchange and lung mechanics associated with lung injury due to smoke inhalation

Know the blood concentrations of carbon monoxide that produce clinical problems and risk of death

(5). Other investigations

(6). Diagnostic criteria

(7). Complications

Recognize the pulmonary and extrapulmonary complications associated with smoke inhalation

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Recognize the indications for hyperbaric oxygen therapy in the treatment of carbon monoxide poisoning

Know when to establish an airway in a patient with smoke inhalation and airway burns

Understand the rationale for 100% oxygen therapy for carbon monoxide poisoning

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

5. Near-drowning

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

Know that the amount of aspirated water is relatively small in most drowning victims and that approximately 15% die without aspiration

Understand the pathogenesis of hypoxia in near-drowning

Understand the effect of hypothermia on the interpretation of blood gas values and acid-base status in near-drowning

Understand the influence of hypothermia on the clinical manifestations associated with near-drowning

d. Diagnosis and clinical manifestations

(1). History

Recognize historical factors that portend good outcomes despite near-drowning

(2). Physical examination

Recognize the physical findings associated with near-drowning

(3). Imaging

Know that hypoxemia may precede radiographic changes in near-drowning

(4). Pulmonary function tests

(5). Other investigations

Know the electrolyte abnormalities associated with near-drowning

(6). Diagnostic criteria

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Understand the indications for and applications of supplemental oxygen and positive end-expiratory pressure in the management of near-drowning

Know that the clinical condition on presentation influences the prognosis with therapy in near-drowning/drowning victims

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

6. Gastroesophageal reflux in infants and children

a. Epidemiology

b. Etiology

Know the effects of increased respiratory work on gastroesophageal reflux

Know that gastroesophageal reflux is more common in children with asthma and cystic fibrosis than in healthy children

c. Pathophysiology

Know that gastroesophageal reflux may be associated with respiratory findings of cough and wheeze in the absence of pulmonary aspiration

Know that esophageal irritation and distention can produce airway secretions via cholinergic neural reflexes

Know the physiologic conditions that predispose to gastroesophageal reflux

Know the pharmacologic agents that lower esophageal sphincter tone and predispose to gastroesophageal reflux

Know that transient increases in abdominal pressure can exceed normal lower esophageal sphincter tone, producing gastroesophageal reflux

d. Diagnosis and clinical manifestations

(1). History

Know that gastroesophageal reflux can produce respiratory symptoms in the absence of vomiting

(2). Physical findings

Know the respiratory findings associated with gastroesophageal reflux in infants and children

Know that gastroesophageal reflux is associated with apnea in some infants

(3). Imaging

Know the limitations of imaging studies in gastroesophageal reflux

(4). Pulmonary function tests

(5). Other investigations

Know the indications and interpretation of esophageal pH probe studies

(6). Other diagnostic criteria

Know that the correlation between the esophageal pH probe findings and changes in lung mechanics in infants is poor

(7). Complications

e. Prevention

(1). Prevention

(2). Therapeutic approach

Know the therapies used to treat gastroesophageal reflux

(3). Side effects of therapy

Know the complications of pharmacologic agents used to treat gastroesophageal reflux in children

f. Prognosis

L. Bronchopulmonary dysplasia

1. Epidemiology

2. Etiology/genetics

Know the factors that are associated with an increased incidence of bronchopulmonary dysplasia

3. Pathophysiology

a. Pathology

Recognize the histologic abnormalities in the airways of infants with bronchopulmonary dysplasia

Recognize the typical gross and microscopic pathologic picture of lungs affected by bronchopulmonary dysplasia

Know that older infants with bronchopulmonary dysplasia have enlarged alveolar air spaces on histologic examination

Know that endothelial swelling is one of the earliest manifestations of hyperoxic lung injury

b. Path mechanisms and consequences

Know that compared to full-term infants, prematurely born infants have lower lung levels of anti-oxidant enzymes

Identify endothelial and epithelial cell functions that are impaired in patients with oxygen toxicity and know the time frame of this dysfunction

Know that prolonged exposure to high concentrations of oxygen or barotrauma can result in increased alveolar-capillary membrane permeability to solutes

Know that the higher compliance of the airways in a prematurely born infant may accentuate barotrauma injury

Know that bronchopulmonary dysplasia is associated with increased fluid administration or fluid retention

Know that hypertrophy of bronchial smooth muscle develops in infants with bronchopulmonary dysplasia

Know that hypertrophy of pulmonary artery smooth muscle develops in infants with bronchopulmonary dysplasia

Know that the appearance of leukocytes and their proteolytic enzymes in tracheobronchial fluids is associated with the evolution of idiopathic respiratory distress syndrome to bronchopulmonary dysplasia

Know the pathophysiologic consequences of airway obstruction in infants with bronchopulmonary dysplasia

4. Diagnosis and clinical manifestations

a. History

Know that bronchopulmonary dysplasia can occur in infants who did not have idiopathic respiratory distress syndrome, were not ventilated, and were not born prematurely

b. Physical examination

Know that recurrent wheezing frequently occurs in patients with bronchopulmonary dysplasia

c. Imaging

Recognize the features of bronchopulmonary dysplasia on x-ray study of the chest

Know that during the first month after birth, chlamydial pneumonitis may mimic the picture of bronchopulmonary dysplasia on x-ray study of the chest

d. Pulmonary function tests (see Prognosis)

Recognize pulmonary function abnormalities in patients with bronchopulmonary dysplasia

e. Other investigations

f. Diagnostic criteria

Know the diagnostic criteria for bronchopulmonary dysplasia

g. Complications

Know that infants with bronchopulmonary dysplasia frequently have a reversible component to their airway obstruction

Know that children who had bronchopulmonary dysplasia as infants frequently have electrocardiograms compatible with right ventricular hypertrophy

Know that tracheobronchomalacia is a complication of bronchopulmonary dysplasia

5. Prevention and therapeutic approach

a. Prevention

b. Therapeutic approach

Know the effects of supplemental oxygen therapy on growth and pulmonary vascular pressures

Know that infants with bronchopulmonary dysplasia frequently require higher-than-usual caloric intakes

Understand the value of administering corticosteroids systemically to facilitate extubation in ventilator-dependent infants with bronchopulmonary dysplasia

Know that diuretics can be beneficial in patients with bronchopulmonary dysplasia

Understand the influence of feeding or sleep state on systemic oxygenation in infants with bronchopulmonary dysplasia

Differentiate ventilatory strategies that are appropriate in the treatment of bronchopulmonary dysplasia from those that are effective in patients with hyaline membrane disease

Understand the concept of "controlled hypoventilation" in the management of patients with bronchopulmonary dysplasia who are receiving assisted ventilation

c. Side effects of therapy

Recognize the side effects of chronic corticosteroid therapy in infancy

Recognize the side effects of diuretic therapy in patients with bronchopulmonary dysplasia

6. Prognosis

a. Natural history

b. Prognosis with therapy

Know that school-age children who had bronchopulmonary dysplasia as infants can have evidence of airflow limitation and air trapping on pulmonary function tests

Know that school-age children who had bronchopulmonary dysplasia as infants have a high incidence of bronchial hyperreactivity to methacholine by inhalation

M. Pulmonary vascular diseases in childhood

1. Cor pulmonale

a. Epidemiology

b. Etiology

c. Pathophysiology

(1). Pathology

Recognize the pathophysiologic features of the heart that characterize cor pulmonale

(2). Path mechanisms and consequences

Know that sustained pulmonary hypertension produces cor pulmonale

Know that intermittent hypoxia, such as that occurring during sleep, can produce pulmonary hypertension and subsequent cor pulmonale

Recognize the changes in heart function that occur in patients with cor pulmonale before right-sided heart failure occurs

d. Diagnosis and clinical manifestations

(1). History

(2). Physical examination

Recognize the typical findings in patients with right-sided heart failure

(3). Imaging

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

Recognize the electrocardiographic features of right ventricular hypertrophy

Recognize the echocardiographic features of right ventricular hypertrophy

(7). Complications

Know that right-sided heart failure is a complication of cor pulmonale

e. Prevention and therapeutic approach

(1). Prevention

Understand the role of oxygen therapy in preventing cor pulmonale in a patient with chronic lung disease

(2). Therapeutic approach

Know the supportive treatment for heart failure due to cor pulmonale

Understand the role of long-term oxygen therapy in the treatment of patients with cor pulmonale

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that cor pulmonale can be reversed with successful therapy for underlying lung disease, e.g., upper airway obstruction

2. Pulmonary edema

a. Epidemiology

b. Etiology/genetics

Recognize causes of pulmonary edema

Know that pulmonary edema can result from rapid expansion of atelectatic lung tissue

Know that pulmonary edema can occur due to postcapillary pulmonary venous obstruction

Know that pulmonary edema can occur due to altered pulmonary endothelial cell permeability characteristics

Know that pulmonary edema can occur at high altitudes

c. Pathophysiology

(1). Pathology

Know that pulmonary edema fluid may be blood tinged

Know how to distinguish between cardiogenic and permeability pulmonary edema

Identify the forces that promote fluid influx from the capillary bed into the interstitial spaces

(2). Path mechanisms and consequences

Know that pulmonary edema can produce restrictive defect measured by standard pulmonary function tests

Understand that pulmonary edema can cause V/Q mismatch

Understand that pulmonary edema can cause small airway obstruction and wheezing

Know that impaired lymphatic drainage may be associated with pulmonary edema

d. Diagnosis and clinical manifestations

(1). History

Recognize the symptoms associated with pulmonary edema

(2). Physical examination

Recognize the physical findings associated with pulmonary edema

(3). Imaging

Recognize the radiographic features of pulmonary edema

Differentiate the radiographic pattern of cardiogenic pulmonary edema from pulmonary edema due to altered capillary permeability

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

(7). Complications

Know that low oncotic pressure reduces the pulmonary vascular pressure at which pulmonary edema develops

Know that pulmonary edema increases pulmonary vascular resistance

Know that pulmonary edema increases airway resistance

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the supportive therapy for pulmonary edema

Know that positive end-expiratory pressure redistributes but does not reduce lung water content in patients with pulmonary edema

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

3. Pulmonary emboli/infarction

a. Epidemiology

Recognize the clinical factors that predispose a patient to pulmonary thromboembolism

b. Etiology/genetics

Recognize the clinical entities associated with pulmonary thrombosis

Identify the causes of pulmonary emboli in children

Recognize the genetic diseases that predispose children to pulmonary emboli

c. Pathophysiology

(1). Pathology

Recognize histologic features of pulmonary infarction

Recognize the pathologic changes resulting from a large pulmonary embolus

(2). Path mechanisms and consequences

Know that recurrent thromboembolic events can lead to pulmonary hypertension

Understand the changes in gas exchange that occur immediately following pulmonary thromboembolism

Understand the hemodynamic response to acute pulmonary embolism

Understand that lung ischemia followed by reperfusion may produce free radicals and cause further lung injury

Understand the role of bronchial blood flow during pulmonary embolism in maintaining perfusion to lung tissue distal to the embolus

d. Diagnosis and clinical manifestations

(1). History

Recognize the clinical features of pulmonary infarction

Recognize the clinical features of massive pulmonary embolus involving large pulmonary vessels

(2). Physical examination

Recognize the physical findings associated with massive pulmonary embolus

(3). Imaging

Know the diagnostic techniques used to document the presence of pulmonary vascular obstruction due to emboli

Recognize the features characteristic of a pulmonary embolus on a ventilation-perfusion scan

(4). Pulmonary function tests

Recognize the effect of pulmonary embolism on end-tidal PCO₂ compared to arterial PCO₂

(5). Other investigations

(6). Diagnostic criteria

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

4. Pulmonary hypertension

a. Epidemiology

Recognize the clinical conditions that predispose a child to pulmonary hypertension

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

Recognize the features of structural remodeling of the pulmonary vascular bed associated with pulmonary hypertension due to chronic hypoxia

Know the pathophysiologic consequences of persistent pulmonary hypertension of the newborn

(2). Path mechanisms and consequences

Recognize the gas exchange abnormalities associated with pulmonary hypertension

Recognize the effects of pulmonary hypertension on cardiac function at rest

d. Diagnosis and clinical manifestations

(1). History

Recognize the symptoms associated with primary pulmonary hypertension and that most patients are asymptomatic

Recognize the clinical features of pulmonary hypertension (chronic thromboembolic events, pulmonary fibrosis, congestive heart disease, etc.)

(2). Physical examination

Recognize physical findings typical of primary pulmonary hypertension

(3). Imaging

Recognize radiographic findings associated with primary pulmonary hypertension

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

Know the cardiac catheterization indices that separate pulmonary hypertension due to pulmonary vessel disease from that due to cardiac disorders

Know the hemodynamic criteria for diagnosing pulmonary hypertension

(7). Complications

Recognize the clinical complications associated with pulmonary hypertension

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Understand the hemodynamic responses to pulmonary vasodilators in patients with pulmonary hypertension

Understand the role of oxygen in the treatment of pulmonary hypertension

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that the prognosis for primary pulmonary hypertension is poor and that lung transplantation is a possible treatment for some patients

5. Pulmonary hemorrhage

a. Epidemiology

Recognize the causes of pulmonary hemorrhage in childhood

b. Etiology/genetics

Recognize the causes of pulmonary hemosiderosis in childhood

c. Pathophysiology

(1). Pathology

Recognize the pulmonary histopathologic changes (including immunofluorescent findings) associated with Goodpasture syndrome

Recognize the histologic findings typical of acute pulmonary hemorrhage

Recognize the histologic findings typical of pulmonary hemosiderosis

Know the conditions associated with alveolar pulmonary hemorrhage

(2). Path mechanisms and consequences

Recognize the changes in bronchial circulation that occur due to bronchiectasis and understand how this may lead to hemoptysis

Understand the effects of pulmonary hemorrhage on gas exchange

d. Diagnosis and clinical manifestations

(1). History

Recognize clinical features suggestive of pulmonary hemosiderosis

(2). Physical examination

Recognize the clinical constellation of features characteristic of Goodpasture syndrome

Recognize the physical findings associated with pulmonary hemorrhage

(3). Imaging

Recognize the radiographic features typical of pulmonary hemosiderosis

Recognize the radiographic features typical of pulmonary hemorrhage

(4). Pulmonary function tests

Recognize the changes in pulmonary function associated with hemosiderosis (including diffusion capacity abnormalities)

(5). Other investigations

Understand the role of bronchoalveolar lavage in diagnosing hemosiderosis

Recognize characteristics of hemosiderosis on bronchoalveolar lavage

Recognize the laboratory findings suggestive of Goodpasture syndrome in a child with pulmonary bleeding

Recognize the laboratory findings suggestive of pulmonary hemosiderosis

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the treatment for massive pulmonary bleeding in a child

Know the treatment for Goodpasture syndrome

(3). Side effects of therapy

Understand the risks associated with selective bronchial artery embolization in the treatment of pulmonary hemorrhage

f. Prognosis

(1). Natural history

Know the natural history of pulmonary hemosiderosis is highly variable

Know the time course for radiographic resolution of pulmonary hemorrhage

Know the natural history of pulmonary bleeding associated with Goodpasture syndrome

Know the natural history of pulmonary hemorrhage associated with bronchiectasis in patients with cystic fibrosis

(2). Prognosis with therapy

6. Hemosiderosis

a. Epidemiology

b. Etiology/genetics

Know that the majority of cases of primary hemosiderosis in childhood are considered to be idiopathic

c. Pathophysiology

(1). Pathology

Be able to recognize a hemosiderin-laden macrophage

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

Recognize the typical presentation of primary pulmonary hemosiderosis in children

(2). Physical examination

Recognize the typical appearance of hemosiderosis on x-ray study of the chest

(3). Pulmonary function tests

(4). Other investigations

(5). Diagnostic criteria

(6). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the current approaches to the treatment of a child with idiopathic pulmonary hemosiderosis

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that the prognosis for children with idiopathic pulmonary hemosiderosis is variable and unpredictable

7. Pulmonary arteriovenous malformations

Know the clinical presentation of pulmonary arteriovenous malformation and its association with Renou-Osler-Weber syndrome

N. Acute respiratory distress syndrome (ARDS)

1. Epidemiology

2. Etiology/genetics

Recognize the clinical conditions associated with the development of acute respiratory distress syndrome in children

3. Pathophysiology

a. Pathology

Recognize the pathologic features of acute respiratory distress syndrome

b. Path mechanisms and consequences

Understand the pathophysiology of acute respiratory distress syndrome

Know the mechanisms involved in the repair processes in patients with ARDS

Know the conditions associated with an increased alveolar-arterial PO₂ difference

4. Diagnosis and clinical manifestations

a. History

Know that acute respiratory distress syndrome can occur in neutropenic patients

b. Physical examination

Recognize the physical findings typical of acute respiratory distress syndrome

c. Imaging

Recognize the features of acute respiratory distress syndrome on x-ray study of the chest

d. Pulmonary function tests

Understand the changes in lung mechanics associated with acute respiratory distress syndrome

e. Other investigations

Know the effects of PEEP on pulmonary artery occlusion pressure measurements during hemodynamic monitoring in a patient with acute respiratory distress syndrome

f. Diagnostic criteria

g. Complications

Recognize complications associated with acute respiratory distress syndrome

5. Prevention and therapeutic approach

a. Prevention

b. Therapeutic approach

Know the supportive measures used to treat acute respiratory distress syndrome (eg, fluid therapy)

Know that prophylactic positive end-expiratory pressure does not prevent acute respiratory distress syndrome

c. Side effects of therapy

6. Prognosis

a. Natural history

Know that multi-organ failure increases mortality associated with acute respiratory distress syndrome

Identify the modes of death associated with acute respiratory distress syndrome

Know the time course of pulmonary dysfunction in acute respiratory distress syndrome

Know that Gram-negative pneumonia and sepsis are frequent prodromal conditions in acute respiratory distress syndrome

Know the mortality associated with various causes of acute respiratory distress syndrome

b. Prognosis with therapy

Recognize the long-term pulmonary function abnormalities in survivors of acute respiratory distress syndrome

O. Pulmonary manifestations of immunosuppression

1. Acquired immunodeficiency syndrome

a. Epidemiology

Know the groups of patients that are at increased risk for the development of acquired immunodeficiency syndrome (AIDS) and AIDS-related lung disease

b. Etiology/Genetics

Know the common routes of human immunodeficiency virus infection in the neonatal and pediatric age groups

c. Pathophysiology

(1). Pathology

Know that lymphocytic interstitial pneumonitis is a common form of lung disease related to acquired immunodeficiency syndrome

(2). Path mechanisms and consequences

Understand the alterations in lymphocyte subtype numbers that occur in patients with acquired immunodeficiency syndrome

d. Diagnosis and clinical manifestations

(1). History

(2). Physical examination

(3). Imaging

Recognize lymphoid interstitial pneumonitis on x-ray study of the chest

Recognize Pneumocystis carinii infection on x-ray study of the chest

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

Know the diagnostic criteria for acquired immunodeficiency syndrome (AIDS) and AIDS-related complex, as established by the Center for Disease Control

(7). Complications

Know that atypical mycobacteria can cause pulmonary and disseminated disease in patients infected with human immunodeficiency virus

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the treatment of tuberculosis in patients with acquired immunodeficiency syndrome

Recognize the indications for prophylaxis against *Pneumocystis carinii* in patients with acquired immunodeficiency syndrome

Know the therapeutic agents and approaches that are used in prophylaxis against *Pneumocystis carinii* in patients with acquired immunodeficiency syndrome

Know the antimicrobial agents that are useful in the treatment of acute *Pneumocystis carinii* pneumonia in patients with acquired immunodeficiency syndrome

Know that corticosteroids are adjunctive therapeutic agents in patients with acquired immunodeficiency syndrome who have acute *Pneumocystis carinii* pneumonia

(3). Side effects of therapy

Recognize the nonpulmonary side effects of antimicrobial agents used to treat patients with acquired immunodeficiency syndrome who have *Pneumocystis carinii* pneumonia

Know that bronchospasm caused by inhalation of pentamidine can be prevented by prior inhalation of albuterol

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that disseminated atypical mycobacterial pulmonary infection in patients with acquired immunodeficiency syndrome is usually lethal despite antibacterial therapy

2. Miscellaneous immunosuppressive disorders

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

Know that neutrophils, monocytes, and alveolar macrophages in patients with chronic granulomatous disease have defective oxidative bursts and cannot produce oxygen radicals

Know which microorganisms cause morbidity in patients with chronic granulomatous disease

Know the immune defect(s) in severe combined immune deficiency

Know the immunologic and inflammatory disorders that are associated with recurrent pulmonary infections

Know the microorganisms that cause morbidity in children with severe combined immune deficiency

d. Diagnosis and clinical manifestations

(1). History

Know that IgG deficiency is associated with chronic (recurrent) pulmonary infections

(2). Physical examination

(3). Imaging

(4). Pulmonary function tests

Know that lung disease secondary to IgG or IgA deficiency usually has an obstructive ventilatory pattern on pulmonary function testing

(5). Other investigations

Know how to establish the diagnosis of chronic granulomatous disease on the basis of laboratory data

Know that decreased concentrations of IgG2 and IgG4 are associated with recurrent pulmonary infections

Know that healthy patients can have decreased concentrations of IgG2 and IgG4

(6). Diagnostic criteria

(7). Complications

Know that the incidence of pneumococcal, Hemophilus influenzae, and Salmonella pneumonias is increased in patients with sickle cell disease

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that chronic bronchitis and decreased airflow rates frequently develop in patients with agammaglobulinemia despite immunoglobulin replacement therapy

P. Control of breathing disorders

1. Obstructive sleep apnea syndrome

a. Epidemiology

Know the incidence of regular snoring in children

Know the relationship between snoring and obstructive sleep apnea syndrome

Know that in children, the prevalence of obstructive sleep apnea syndrome is equal in prepubertal males and females

b. Etiology/genetics

Know that hypertrophy of tonsils and adenoids is the most common factor predisposing children to obstructive sleep apnea syndrome

Know that the incidence of obstructive sleep apnea syndrome is increased in craniofacial syndromes associated with micrognathia and mid-face hypoplasia

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

Know that the hypopharynx is a frequent site of obstruction in obstructive sleep apnea syndrome

d. Diagnosis and clinical manifestations

(1). History

Understand the difference between primary snoring and obstructive sleep apnea syndrome

Recognize the clinical signs and symptoms of obstructive sleep apnea syndrome in children during sleep as well as during wakefulness

Know the significance of a history of snoring

Know that there is no correlation between the intensity (loudness) of snoring and the severity of obstructive sleep apnea syndrome in children

Know that snoring in children is often continuous without evidence of apnea

(2). Physical examination

(3). Imaging

(4). Pulmonary function tests

(5). Other investigations

Understand the role of audio and video taping a sleeping child as a screening test for obstructive sleep apnea syndrome

Know the proper procedure for performing polysomnography in children

Understand the limitations and advantages of monitoring respiration (effort and airflow) during sleep

Understand the limitations of daytime nap studies in diagnosing obstructive sleep apnea syndrome in children

Recognize the features of central and obstructive apnea on a polysomnogram

Recognize the features of obstructive hypoventilation (hypopnea) on a polysomnogram

(6). Diagnostic criteria

Know the diagnostic criteria for an abnormal polysomnogram in a child

Know that any obstructive apnea episode is a rare occurrence during sleep in normal children

Know the diagnostic criteria for establishing the presence of obstructive sleep apnea

(7). Complications

Know the complications of obstructive sleep apnea

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know that sedation may worsen obstructive sleep apnea syndrome in children

Know that adenotonsillectomy is the most common treatment of obstructive sleep apnea syndrome in children

Know that a history of snoring is not an indication for treatment

Know that weight loss is an important part of the treatment of the obese adolescent with obstructive sleep apnea syndrome

Recognize the indications for mask continuous positive airway pressure therapy in children and adolescents with obstructive sleep apnea syndrome

Know that positive airway pressure can improve obstructive sleep apnea

(3). Side effects of therapy

Know that the risk of postoperative respiratory complications is increased in children younger than 2 years of age who have severe obstructive sleep apnea syndrome, craniofacial abnormalities, and a history of premature birth

Recognize the complications of mask continuous positive airway pressure in the treatment of obstructive sleep apnea syndrome

Know that an adenotonsillectomy does not always relieve symptoms of obstructive sleep apnea syndrome, especially in those who are obese or who have craniofacial abnormalities

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Know that most children without underlying craniofacial disorders or obesity will have complete resolution of symptoms of obstructive sleep apnea syndrome following tonsillectomy and adenoidectomy

2. Congenital central hypoventilation syndrome

a. Epidemiology

Know that congenital central hypoventilation syndrome is an uncommon cause of respiratory failure in children

b. Genetics

Know that alveolar hypoventilation syndromes may be congenital, acquired, and/or transient

Know that certain metabolic and structural abnormalities affecting the central nervous system may contribute to central hypoventilation syndrome

c. Pathophysiology

- (1). Pathology**
- (2). Path mechanisms and consequences**

d. Diagnosis and clinical manifestations

(1). History

Recognize the diagnostic features of congenital central hypoventilation syndrome

Know the conditions (lung disease, neuromuscular disease) that should be excluded before making a diagnosis of congenital central hypoventilation syndrome

(2). Physical examination

(3). Imaging

Know that magnetic resonance imaging (MRI) is the investigation of choice to detect brainstem abnormalities

(4). Other studies

Recognize the indications for ventilatory response testing

Understand the role of polysomnography in establishing a diagnosis of congenital central hypoventilation syndrome

Know that children with Prader-Willi syndrome have an abnormal ventilatory response to hypoxemia

(5). Diagnostic criteria

Know the diagnostic criteria (clinical and laboratory data) for establishing a diagnosis of an alveolar hypoventilation syndrome

Know that obese children with Prader-Willi syndrome have a decreased ventilatory response to hypercapnia

(6). Complications

Know that death due to hypoxemia during sleep is a complication of alveolar hypoventilation syndrome

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Know the indications for and the effectiveness of the various therapeutic approaches to treatment of congenital central hypoventilation syndrome

Recognize the impact of long-term ventilatory support on the child and family

Identify the resources and skills necessary for successful home management of a child with congenital central hypoventilation syndrome

Know that pharmacologic therapy is generally ineffective in the management of congenital central hypoventilation syndrome

Recognize the indications for and the risks and benefits of diaphragmatic or phrenic nerve pacing in patients with congenital central hypoventilation syndrome

(3). Side effects of therapy

Recognize the complications of long-term ventilation (positive and negative pressure)

Recognize the complications of diaphragmatic pacing

f. Prognosis

(1). Natural history

Know that the condition of children with congenital central hypoventilation syndrome most likely will not improve with age

(2). Prognosis with therapy

Know that even with appropriate therapy, the long-term prognosis for children with congenital central hypoventilation syndrome is variable but the need for ventilation is probably life long

3. Apnea of prematurity

a. Epidemiology

Understand the relationship between gestational age and apnea of prematurity

Understand the relationship between perinatal insults and the occurrence of apnea of prematurity

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

Know that apnea of prematurity may be central, obstructive, or mixed

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

Know that isolated bradycardia in an infant who was born prematurely is suggestive of hypoxemia

Recognize underlying conditions associated with increased apnea in infants who were born prematurely

(2). Physical examination

Recognize the clinical manifestations of apnea of prematurity

(3). Imaging

(4). Other studies

Recognize the indications for documented monitoring (pneumography) in evaluating infants with apnea of prematurity

Recognize the indications for polysomnography in infants with apnea of prematurity

Understand the role and limitations of impedance monitoring in patients with apnea of prematurity

(5). Diagnostic criteria

(6). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Recognize the indications for therapy in patients with apnea of prematurity

Recognize the indications for home monitoring in infants with apnea of prematurity

Know that theophylline and caffeine are used to treat apnea of prematurity

Know that doxapram is rarely used to treat apnea of prematurity

(3). Side effects of therapy

Recognize the side effects of theophylline and caffeine in infants with apnea of prematurity

Recognize the side effects of doxapram in infants with apnea of prematurity

Know that methylxanthine therapy of premature infants is associated with an increase in respiratory rate

f. Prognosis

(1). Natural history

Know that the typical history of apnea of prematurity is complete resolution after the infant reaches term

(2). Prognosis with therapy

4. Apparent life-threatening events

a. Epidemiology

Understand the relationship between apparent life-threatening events and sudden infant death syndrome

Know that a definable cause for an apparent life-threatening event can be found in approximately 60% of the incidents

b. Etiology/genetics

Identify conditions associated with apparent life-threatening events

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

In evaluating an apparent life-threatening event, recognize the importance of obtaining a complete history of the event from the caregiver who witnessed the incident

Recognize the importance of the history in determining the need for therapy for an apparent life-threatening event

(2). Physical examination

Recognize normal and abnormal breathing patterns in young infants

(3). Imaging

(4). Pulmonary function tests

(5). Other investigations

Know that pneumograms and polysomnograms do not predict the risk of subsequent apparent life-threatening events

Recognize the importance of obtaining a measure of acid-base status (pH, HCO₃) as soon as possible following an apparent life-threatening event

(6). Diagnostic criteria

Know that the current definition of an apparent life-threatening event is not limited to apnea only

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Recognize the indications for home monitoring in infants who have had an apparent life-threatening event

Know the importance of extensive parental education in monitoring techniques and cardiopulmonary resuscitation for infants who have had apparent life-threatening events and are being monitored

(3). Complications of therapy

Understand the limitations of home monitoring for apparent life-threatening events

Recognize the consequences of home monitoring on care givers

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

In an infant who has experienced an apparent life-threatening event, know that home monitoring may not prevent death in a subsequent episode

5. Sudden infant death syndrome

a. Epidemiology

Know the current definition of sudden infant death syndrome

Know the incidence of sudden infant death syndrome in the general population

Know the characteristic age-related distribution of sudden infant death syndrome

Recognize the risk factors for sudden infant death syndrome

Understand the relationship between supine position and sudden infant death syndrome

b. Etiology/genetics

Know that the risk of sudden infant death syndrome (SIDS) is not significantly increased in first-degree relatives of a SIDS victim

c. Pathophysiology

(1). Pathology

Recognize the pathologic markers thought to be characteristic of sudden infant death syndrome

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

Understand the importance of obtaining a complete history from the caregivers of an infant who died of sudden infant death syndrome

Understand the importance of a "death scene" investigation in evaluating a case of sudden infant death syndrome

Understand the importance of obtaining a family history in evaluating a case of sudden infant death syndrome

Know that the possibility of child abuse should be considered in a child if more than one sibling has previously died, apparently of sudden infant death syndrome

(2). Physical examination

(3). Imaging

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

Know that the determination of sudden infant death syndrome must include autopsy

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

Understand the importance of maternal smoking and increased risk of sudden infant death syndrome

Understand the possible importance of infant positioning in reducing the risk of sudden infant death syndrome

(2). Therapeutic approach

Know the appropriate management of the grieving family of an infant who died of sudden infant death syndrome

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

Q. Miscellaneous lung diseases

1. Alpha1-antitrypsin deficiency (Alpha1-Protease Inhibitor Deficiency)

a. Epidemiology

Recognize the association between cigarette smoking and symptomatic alpha1-protease inhibitor deficiency

b. Etiology/genetics

Know that alpha1-protease inhibitor deficiency is inherited in an autosomal recessive fashion

c. Pathophysiology

(1). Pathology

Know that alpha1-protease inhibitor deficiency is associated with the development of emphysema

(2). Path mechanisms and consequences

Understand the protease/antiprotease theory of lung disease associated with alpha1-protease inhibitor deficiency

Understand the pathophysiology of liver disease in patients with alpha1-protease inhibitor deficiency

d. Diagnosis and clinical manifestations

(1). History

Know that the typical age of onset of pulmonary symptoms caused by alpha1-protease inhibitor deficiency is the second or third decade

(2). Physical examination

(3). Imaging

(4). Pulmonary function tests

Recognize the pulmonary function test findings typical of emphysema

(5). Other investigations

Know the significance of the following phenotypes: ZZ, SS, MM, MZ, and NULL

(6). Diagnostic criteria

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

Know that the onset of symptoms due to alpha1-protease inhibitor deficiency is greatly delayed in lifelong nonsmokers

Know that smoking causes oxidant inactivation of intrapulmonary proteinase inhibitors

(2). Therapeutic approach

Recognize the indications for replacement therapy in patients with alpha1-protease inhibitor deficiency

(3). Side effects of therapy

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

2. Ciliary dysmotility

a. Epidemiology

b. Etiology/genetics

Know the mode of inheritance of ciliary dysmotility

c. Pathophysiology

(1). Pathology

Know the ultrastructural defects of cilia in patients with ciliary dysmotility

(2). Path mechanisms and consequences

Know how ciliary dysmotility leads to airways disease

Understand the relationship between ciliary dysmotility and male sterility

d. Diagnosis and clinical manifestations

(1). History

Recognize the features of ciliary dysmotility in children

(2). Physical examination

(3). Imaging

Understand the association between dextrocardia and ciliary dysmotility

(4). Pulmonary function tests

(5). Other investigations

Recognize the indications for ciliary biopsy and/or sperm analysis

Know approaches to the measurement of ciliary transport rates and ciliary beat frequency

(6). Diagnostic criteria

Know the diagnostic criteria for ciliary dysmotility

Recognize the limitations of ciliary biopsy in establishing the diagnosis of ciliary dysmotility following an acute viral infection

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

f. Prognosis

(1). Natural history

Know the natural history of ciliary dysmotility

(2). Prognosis with therapy

3. Oncology

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

Know the primary tumors of the respiratory system during childhood

Identify the tumors that metastasize to the lung in children

(2). Path mechanisms and consequences

d. Diagnosis and clinical manifestations

(1). History

(2). Physical examination

(3). Imaging

Be able to localize tumors on computed tomography (CT scan) of the chest

(4). Pulmonary function tests

(5). Other investigations

(6). Diagnostic criteria

(7). Complications

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

(3). Side effects of therapy

Recognize the adverse pulmonary side effects of chemotherapeutic drugs

f. Prognosis

(1). Natural history

(2). Prognosis with therapy

4. Trauma

Know that the majority of chest trauma injuries in children are caused by blunt trauma sustained during an automobile accident

Know that in children (as opposed to adults), serious intrathoracic injury often occurs in the absence of obvious chest wall injury (eg, rib fractures) following blunt trauma

Know the common consequences of severe blunt chest trauma (eg, pneumothorax, hemothorax, airway obstruction, cardiac tamponade, flail chest, tracheobronchial tears, pulmonary contusion, ruptured diaphragm)

Recognize the physical findings characteristic of a flail chest

Know the appropriate management of a flail chest

Recognize the clinical features of pulmonary contusion

Know the natural history of pulmonary contusion

Recognize the radiologic manifestations of pulmonary contusion

Recognize the signs and symptoms of a traumatic tracheobronchial rupture

Know the diagnostic and therapeutic options for a traumatic tracheobronchial tear (eg, jet or oscillatory ventilation)

Know that following fractures of long bones, fat embolism may cause adult respiratory distress syndrome

Know that the classic clinical triad of fat embolism includes respiratory insufficiency, neurologic dysfunction, and petechiae

Know the clinical manifestations of traumatic spinal cord injury

Recognize the signs and symptoms of pulmonary embolism following long bone fracture

5. Sarcoidosis

a. Epidemiology

b. Etiology/genetics

c. Pathophysiology

(1). Pathology

Be able to recognize a non-caseating granuloma

(2). Path mechanisms and consequences

Know the pathogenesis of sarcoidosis

d. Diagnosis and clinical manifestations

(1). History

Recognize the typical pulmonary and nonpulmonary clinical manifestations of sarcoidosis

(2). Physical examination

Know the importance of slit-lamp examination in patients with sarcoidosis

(3). Imaging

Recognize the findings typical of sarcoidosis on x-ray study of the chest

(4). Pulmonary function tests

Recognize the pulmonary function test findings typical of sarcoidosis

(5). Other investigations

Know that serum angiotensin-converting enzyme activity is not a good test for sarcoidosis

Recognize findings typical of sarcoidosis on bronchoalveolar lavage

(6). Diagnostic criteria

Recognize that the diagnosis of sarcoidosis is best established by biopsy of an affected lymph node

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

Recognize the absolute indications for corticosteroid treatment in patients with sarcoidosis

(3). Side effects of therapy

f. Prognosis

(1). Natural history

Know the usual natural history of sarcoidosis in children

(2). Prognosis with therapy

6. Hypersensitivity pneumonitis

a. Epidemiology

b. Etiology/genetics

Know that hypersensitivity pneumonitis is caused by inhalation of organic dusts

c. Pathophysiology

(1). Pathology

(2). Path mechanisms and consequences

Know that the pathogenesis of hypersensitivity pneumonitis involves IgG-mediated and lymphocyte-mediated mechanisms but not IgE-mediated mechanisms

d. Diagnosis and clinical manifestations

(1). History

Know that hypersensitivity pneumonitis may manifest itself as an acute, subacute, or chronic illness

Recognize the historical features typical of hypersensitivity pneumonitis

(2). Physical examination

Know that inspiratory crackles, not wheezes, are characteristic of acute hypersensitivity pneumonitis

(3). Imaging

Recognize the radiographic manifestations of hypersensitivity pneumonitis

(4). Pulmonary function tests

(5). Other investigations

Know that patients with hypersensitivity pneumonitis will have precipitating antibodies to the offending antigen but that the presence of such antibodies alone is not diagnostic

Recognize findings typical of hypersensitivity pneumonitis on bronchoalveolar lavage

(6). Diagnostic criteria

(7). Complications

Know that hypersensitivity pneumonitis may progress to end-stage pulmonary fibrosis and respiratory failure

e. Prevention and therapeutic approach

(1). Prevention

(2). Therapeutic approach

(3). Side effects of therapy

f. Prognosis

(1). Natural history

Know that the condition of most patients with acute or subacute hypersensitivity pneumonitis will improve after they are removed from the source of antigen

(2). Prognosis with therapy

II. Evaluation/Diagnosis

A. Pulmonary history

Know that cough and/or wheezing lasting more than three weeks and recurrent pulmonary infiltrates are nonspecific indicators of chronic airway inflammation

Understand the importance of environmental exposure to animals, allergens, cigarette smoke, wood-burning stoves, and air pollutants in various respiratory diseases

Recognize the effect of previous immunizations on the probability of and severity of subsequent respiratory infections

Identify the historical factors that may focus the evaluation of chronic chest pain (chronic cough, acute/chronic wheeze, hemoptysis, dyspnea) in childhood

Know that globus hystericus, hyperventilation syndrome, chronic nonproductive cough, chest pain, and laryngeal wheezing may all reflect primary psychological/emotional disorders

Recognize the various types of cough

B. Physical examination

1. Inspection

a. Cyanosis

Know that peripheral cyanosis is a frequent nonpathological finding in children

Understand the relationship between cyanosis and the concentration of desaturated hemoglobin

Understand the influence of carboxyhemoglobin and methemoglobin on skin color

b. Respiratory pattern

Know the normal respiratory rate by age

Recognize abnormal respiratory patterns, including periodic breathing and Cheyne-Stokes, Biot, and Kussmaul respiration

c. Retractions/bulging

Know that intercostal, subcostal, and suprasternal retractions, nasal flaring, and increased rate and depth of respiration all may indicate increased respiratory drive and increased work of breathing

Know that retractions usually reflect abnormally negative intrapleural pressure and a highly compliant chest wall

d. Chest size and shape

Recognize abnormal chest wall configurations, including pectus excavatum, pectus carinatum, barrel chest, scoliosis, kyphosis, asphyxiating thoracic dystrophy, and rickets

Know the differential diagnosis of an increase in the anteroposterior diameter of the chest

e. Diaphragmatic function

Recognize the appearance of asymmetric diaphragmatic activity

f. Digital clubbing/pulmonary osteoarthropathy

Identify diseases that predispose patients to pulmonary osteoarthropathy

Recognize the characteristics of early digital clubbing

2. Percussion

Understand the clinical significance of changes in percussion (dullness vs tympanic vs hyper-resonance)

3. Auscultation

Know the projections of the bronchopulmonary segments on the chest wall

Recognize and differentiate stridor, crackles, wheezes, pleural and pericardial friction rubs, and mediastinal crunch

Understand the pathophysiologic mechanisms responsible for crackles and wheezes

4. Palpation

Recognize the causes of a deviated cervical trachea

Recognize the importance of costochondral tenderness

Recognize the significance of crepitus over the chest wall

5. General

Know how to measure pulsus paradoxus

Know that pulsus paradoxus reflects the change in pleural pressure between inspiration and expiration

Recognize the importance of a loud pulmonary closure sound

Understand the importance of examining the ear canals in a patient with chronic cough

C. Pulmonary function testing

1. Static lung volumes

a. Spirometry

Know that lung volumes increase approximately in proportion to the change in body length in healthy growing children of average body size

Appreciate the limitations of measuring pulmonary function in infants, young children, and uncooperative children

Know that spirometry is not capable of measuring lung volumes and capacities that include residual volume

Know why slow vital capacity may be greater than forced vital capacity

Know the relative variabilities of measuring FVC, FEV1, FEF 25-75, and peak expiratory flow

b. Helium dilution

Know how to calculate functional residual capacity from helium dilution data

Understand the effect of airway obstruction and a system leak on helium dilution measurements

Understand the principles and limitations of helium dilution measurement of lung volume

c. Nitrogen washout

Understand the principle and limitations of nitrogen washout measurements of lung volume

Know how to calculate FRC from nitrogen washout data

d. Plethysmography

Understand the principles of pressure and volume plethysmography

Know that lung cysts and airway obstruction can influence plethysmographic measurements of lung volume

Know the difference between functional residual capacity (FRC) and the thoracic gas volume (TGV) measured by plethysmography or gas dilution

Understand how the method of determining thoracic gas volume (ie, plethysmography, gas dilution, or functional residual capacity) affects the value obtained

2. Flows and timed volumes

a. Forced expiratory volumes

Know how to calculate forced expiratory flow between 25-75% VC (FEF 25-75) and forced expiratory volume in one second from a sample spirogram

Know the reproducibility of PEF, FEF 25-75, FVC, and FEV1 in children

Know the criteria for a technically acceptable spirometric tracing

Know the principle of backward extrapolation for correcting FEV1 measurements

b. Peak expiratory flow

Know that peak expiratory flow is effort dependent

c. Maximal expiratory flow volume curve

Recognize configurations of flow-volume loops that suggest lack of cooperation, poor effort, or glottic closure

Know the definitions of flows at various fractions of vital capacity (eg, maximum flow at 50% of vital capacity)

Know the variability of flows at various fractions of vital capacity (eg, maximum flow at 50% of vital capacity)

Know the effect of breathing an 80% helium and 20% oxygen mixture on the flow-volume curve

3. Diffusing capacity

Know that a correction for anemia is required in single-breath diffusing capacity measurements

Know that a correction for lung volume is helpful in interpreting single-breath diffusing capacity measurements

Know the factors that influence the measurement of single-breath DLCO

4. Airway responsiveness

a. Bronchodilator testing

Know criteria for a positive response to bronchodilators

Know that a child with forced expiratory volume in one second that is 100% of predicted value can still show a significant increase in airway function after bronchodilator inhalation

Know that children with normal flow rates (% predicted) can experience significant improvement post bronchodilators

b. Bronchoprovocation (challenge) testing

Understand the rationale for bronchoprovocation testing

Know the time course of bronchoconstriction following the various bronchoprovocation challenges

Know how to interpret a bronchoprovocation test

Know which medications and foods should be avoided prior to bronchial challenge tests

Know that airway reactivity may fluctuate over time as a function of allergen exposure, respiratory tract infections, and other factors

Know the difference between PC20 and PD20 in bronchial provocation testing

Know the possible complications of bronchoprovocation testing

Know the contraindications for bronchoprovocation testing

5. Exercise testing

Recognize indications for measuring exercise tolerance in children

Know how to recognize the anaerobic threshold on progressive exercise testing

Know that the usual responses to progressive exercise below the anaerobic threshold are linear increases in pulse, respiratory rate, oxygen consumption, and carbon dioxide production

Know that arterial oxygen saturation remains stable and the partial pressure of carbon dioxide in arterial blood remains stable or decreases slightly with exercise in normal children

Know the factors that limit maximum volume of oxygen utilization during exercise

Know the mechanisms for hypoxemia during exercise

6. Respiratory muscle testing

Know how to measure inspiratory and expiratory muscle strength

Recognize indications for measuring inspiratory and expiratory strength in children

7. Interpretation of pulmonary function tests

Recognize restrictive lung disease on pulmonary function testing

Recognize obstructive lung disease on pulmonary function testing

Recognize the flow-volume loop configurations typical of extrathoracic obstruction

Recognize the flow-volume loop configuration typical of intrathoracic central airway obstruction

Recognize the flow-volume loop configuration typical of intrathoracic peripheral airway obstruction

Recognize pulmonary function abnormalities associated with inspiratory and expiratory muscle weakness

Know that height is the single best predictor of lung function in healthy individuals

Know that there are racial and gender differences in normal values for pulmonary function tests

Recognize the importance of knowing the normal values used for interpreting pulmonary function tests

Know the limitations of prediction equations in interpreting pulmonary function test results

8. Pulmonary function testing in infants

Know how to calculate resistance, compliance, and time constant from a passive expiratory flow-volume curve in infants

Know that muscle relaxation is a requirement for passive lung mechanics

Know that passive flow volume curve assesses total respiratory system resistance and compliance in infants

Know that lung compliance must be corrected for body size

Know the advantages and limitations of partial flow-volume loops in infants

Know how to recognize an obstructive lung defect from a tidal flow-volume curve in infants

D. Invasive procedures

1. Bronchoscopy

a. Flexible vs. rigid

Recognize the indications for rigid and for flexible bronchoscopy

b. Indications and risks

Recognize the complications associated with bronchoscopy in children

Understand the importance of correcting coagulation abnormalities prior to bronchoscopy

Know the minimal monitoring requirements for a patient undergoing flexible or rigid bronchoscopy

Understand the importance of laryngeal anesthesia prior to bronchoscopic instrumentation

c. Anatomic structure-static and dynamic

Understand how airway dimensions fluctuate with respiratory efforts during bronchoscopy

Understand how sedation affects upper airway dynamics

Understand how the presence of the bronchoscope in the airway affects airway dynamics

Recognize the bronchoscopic appearance of various airway pathologies and the normal airway

d. Culture techniques

Understand the risks of contamination of specimens of airway secretions obtained by bronchoscopy

Know which infectious agents can be cultured from the airways and which can be identified by staining characteristics

e. Bronchoalveolar lavage

Know the normal cell population in bronchoalveolar lavage fluid

Know the cell population in bronchoalveolar lavage fluid in disease states

Recognize the indications for bronchoalveolar lavage in immunocompromised patients

Recognize the indications for bronchoalveolar lavage to diagnose noninfectious pulmonary disorders

Recognize the complications of bronchoalveolar lavage

f. Transbronchial biopsy

Understand the indications for and limitations of transbronchial biopsy

g. Lung biopsy

Recognize the histologic appearance of various pathogens on open lung biopsy

Understand the indications for open lung biopsy

2. Vascular sampling/access

a. Arterial sampling

b. Venous access

Know the indications for insertion of pulmonary arterial catheters

3. Pleural drainage

Recognize the indications for chest tube drainage in children

Know that rapid evacuation of pleural contents can result in re-expansion pulmonary edema or hypotension

Recognize the complications associated with chest tube drainage in children

Understand how a three-bottle system works in conjunction with chest tube drainage

Know the optimal site of placement of a chest tube for the drainage of a pneumothorax or pleural fluid

4. Thoracentesis

Recognize the diagnostic and therapeutic indications for thoracentesis in childhood

Recognize the indications for pleural biopsy in children

Know the technique for thoracentesis that minimizes bleeding from intercostal arteries

Know that thoracentesis can be used in conjunction with ultrasonography or other imaging techniques to drain loculated pleural fluid

E. Imaging

1. X-ray studies

a. Risks

Know that the amount of radiation exposure associated with x-ray study of the chest is extremely small

b. Interpretation

Know the ages when the sinuses should be pneumatized and can be visualized on x-ray studies

Recognize the normal positions of the major and minor fissures on x-ray study of the chest

Recognize the radiographic appearance of a normal thymus

Recognize the radiographic appearance of lobar consolidation

Recognize the radiographic appearance of pneumothorax and tension pneumothorax

Recognize the radiographic appearances of paratracheal, mediastinal, and hilar adenopathy

Recognize findings typical of a retropharyngeal abscess on a lateral-view x-ray study of the neck

Recognize that the prevertebral space can change in width in association with the phase of respiration and that widening of this area is not diagnostic of a retropharyngeal abscess

Know that fluoroscopy of the airway can help distinguish physiologic swelling from pathologic swelling of the prevertebral space

Recognize the radiographic appearance of a right aortic arch

Know the differential diagnosis of a lung "white out" on an x-ray study of the chest

Recognize the radiographic appearance of pleural effusion

Recognize indications for decubitus x-ray studies

Appreciate the difference between anteroposterior-view and posteroanterior-view x-ray studies of the chest

Appreciate the difference between upright-view and supine-view x-ray studies of the chest

Recognize the radiographic appearance of lobar and segmental atelectasis

Recognize the radiographic appearance of malignancy or infection spread by hematogenous contact as opposed to contiguous or airway contact

Recognize the significance of air bronchograms on x-ray studies of the chest

Recognize the radiographic appearance of pneumomediastinum

Recognize the radiographic appearance of bronchiectasis

Recognize the radiographic appearance of pneumatocele, lung cyst, and lung abscess

Recognize calcification on x-ray study of the chest

Recognize the radiographic appearance of normal, decreased, and increased pulmonary blood flow

Recognize bony and abdominal abnormalities visible on x-ray study of the chest

Recognize the appearance of bronchial stenosis on a bronchograph

Recognize the radiographic appearance of an anterior mediastinal mass

Recognize the radiographic appearance of hydatid (echinococcal cysts)

Recognize the radiographic appearance of hypertrophic pulmonary osteoarthropathy

Recognize the radiographic appearance of an x-ray study of a healthy lung

2. Fluoroscopy

a. Risks

b. Indications

Appreciate the indications for chest fluoroscopy

c. Interpretation

d. Esophagography/swallowing cine-esophagography

Recognize that esophagography can be used to define mediastinal anatomy

Recognize that esophagography can be used to evaluate swallowing function

3. Angiography

Know the indications for pulmonary and bronchial arteriography

4. Computed tomography (CT scan)

Know that computed tomography (CT scan) of the chest provides definition of mediastinal anatomy and intrathoracic masses

Know that high-resolution thoracic computed tomography (CT scan) is useful in assessing bronchiectasis and interstitial processes

Know that contrast can be used to differentiate vascular from nonvascular masses on computed tomography (CT scan)

5. Magnetic resonance imaging (MRI)

Know that magnetic resonance imaging (MRI) provides more detailed definition of vascular structures than computed tomography (CT scan)

Understand the difficulties of monitoring children during magnetic resonance imaging (MRI)

Know that magnetic resonance imaging (MRI) does not provide definition of bones or lung tissue

Be able to interpret findings on magnetic resonance imaging

6. Ultrasonography

Recognize the main indications for ultrasonography of the chest

7. Nuclear medicine

Recognize the indications for ventilation-perfusion lung scan

Be able to interpret the findings on ventilation-perfusion lung scan

8. Angiography

a. Indications

b. Interpretation

Recognize arteriovenous malformation on pulmonary angiography

9. Esophagography/swallowing cine-esophagography

Recognize the indications for formal swallowing studies

10. Ultrasonography

Recognize the role of ultrasonography in the evaluation of pleural effusions

11. Nuclear medicine

Recognize the appearance of pulmonary emboli on V/Q scan

Recognize the appearance of pneumonia, atelectasis on V/Q scan

F. Laboratory diagnostic studies

1. Sputum/nasopharyngeal washes

Know the characteristics of a good sputum sample

Recognize alveolar macrophages, ciliated cells, leukocytes, and squamous epithelial cells in sputum

Know that the presence of squamous epithelial cells indicates oropharyngeal contamination of sputum samples

Know that bacterial culture of sputum samples is complicated by oropharyngeal contamination

Understand the method of and rationale for obtaining gastric aspirates for mycobacterial culture

Know that tracheostomy cultures frequently grow *Staphylococcus* and *Pseudomonas* species

Know that the presence of branching hyphae is an indication of fungal infection rather than colonization

2. Pleural fluid analysis (see pleural diseases)

3. Blood analysis (see respiratory failure)

4. Oximetry (see therapy)

5. Biopsy techniques

Recognize indications for open lung biopsy

Understand the difference between caseating and noncaseating granulomas in the lung

Recognize indications for applying special stains to biopsy material (eg, silver stain, immunofluorescence, fungal stains)

Recognize the indications for electron microscopy of biopsy specimens of pulmonary tissue

6. Molecular biologic approaches

Know the role of PCR techniques in the diagnosis of pulmonary diseases

III. Therapy

A. Pharmacologic principles

1. Volume of distribution of drugs

Understand the definition and principles of volume of distribution of a drug

Know that volume of distribution of drugs varies throughout infancy and childhood due to changes in body composition

2. Clearance/serum half-life

Know that if a drug is administered at intervals equivalent to its half-life that it will take approximately five half-lives to reach 97% of the final steady-state plasma concentration

3. Concentration of drugs in lung secretions/serum

Understand the relationship between serum concentrations and sputum concentrations of drugs administered systemically

Know the relative magnitudes of drug concentrations when drugs are administered by the inhaled route

B. Bronchodilators (see asthma)

1. Adrenergic drugs

a. Indications

Know the indications for the administration of epinephrine during resuscitation

Recognize the indications for the use of alternate routes of administration to deliver adrenergic agents (eg, ET tube)

b. Mechanism of action

Understand the mechanism of action of the alpha and beta adrenergic agents

c. Clinical effects

Recognize actions of alpha and beta adrenergic drugs other than those on smooth muscle

Know the relative beta-2-adrenergic receptor selectivity of adrenergic drugs

Know the various routes available for delivery of beta-2 drugs and the indications for their use

d. Duration of action

Know the duration of action of adrenergic drugs that are commonly administered

e. Toxicity and side effects

Recognize the side effects of the various adrenergic agents

Recognize the side effects of beta-2 drugs administered by inhalation, as opposed to orally

2. Theophylline

a. Indications

Know when theophylline has an additive effect to other forms of asthma therapy and when it has not been shown to be additionally efficacious (eg, ER vs outpatient therapy)

b. Mechanism of action

Know the proposed mechanism of action of theophylline

c. Clinical effects

Recognize nonbronchodilating effects of theophylline

Know when blood theophylline concentrations should be measured: acute therapy, chronic therapy

d. Duration of action

Recognize drugs or conditions that affect clearance of theophylline

e. Toxicity and side effects

Recognize the signs of acute theophylline overdose

Know the treatment of acute theophylline overdose

Recognize the chronic side effects of theophylline therapy

3. Anticholinergics

a. Indications

Recognize indications for administration of anticholinergic drugs to patients with lung disease

b. Mechanism of action

Understand the mechanism of action of ipratropium bromide

c. Clinical effects

Understand bronchodilating and nonbronchodilating actions of anticholinergic drugs

d. Duration of action

Anticipate the time of peak response and the expected duration of action of anticholinergic drugs

e. Toxicity and side effects

Recognize the side effects of ipratropium

Recognize the side effects of atropine

Know why ipratropium has fewer side effects than atropine

C. Corticosteroids

1. Indications

Know when corticosteroids should be added to the therapeutic regimen of a patient

2. Mechanism of action

3. Clinical effects

Know that corticosteroids can restore beta-adrenergic responsiveness

4. Duration of action

Understand the relative differences in duration of action of common corticosteroid preparations

5. Toxicity and side effects

Recognize the clinical side effects of corticosteroids administered by inhalation or systemically

Know that cataracts can result from treatment with corticosteroids

Know the relative potencies of mineralocorticoid and glucocorticoid corticosteroid preparations

Know that chronic immune suppression may follow corticosteroid therapy in children

Know that long-term corticosteroid therapy may be associated with corticosteroid-induced myopathy

D. Cromolyn sodium

1. Indications

Know when cromolyn should be added to be therapeutic regimen of a patient

2. Mechanism of action

Know the proposed mechanisms of action of cromolyn sodium

3. Clinical effects

Know that neither cromolyn sodium nor corticosteroids act as bronchodilators

- 4. Duration of action**
- 5. Toxicity and side effects**

Recognize the side effects of cromolyn sodium

E. Diuretics

- 1. Indications (see specific diseases)**
- 2. Mechanism of action**

Understand the renal and nonrenal actions of diuretics

- 3. Clinical effects**
- 4. Duration of action**
- 5. Toxicity**

Understand how diuretic therapy may contribute to the development of metabolic alkalosis

Know the interaction of diuretics and aminoglycosides with respect to eighth nerve toxicity

Understand the toxicity of chronic diuretic therapy in infants and children

F. Chest physiotherapy

- 1. Indications**

Know that chest physiotherapy is indicated in the treatment of chronic, suppurative lung disease

Know that chest physiotherapy is not indicated in the treatment of uncomplicated pneumonia

- 2. Techniques**

Know the various techniques for performing chest physiotherapy (eg, autogenic drainage techniques, positive expiratory pressure, mask, flutter device, etc)

G. Aerosol therapy

- 1. Factors determining deposition site in the airway**

Understand the relationship between particle size and deposition site in the airway

Know that gravity, inertia, and Brownian movement are mechanisms contributing to deposition of an aerosol in the airway

2. Types of equipment

a. Nebulizer

Understand the differences between ultrasonic and jet nebulizers

Recognize that in aerosol therapy the majority of medication is not delivered to the lung

b. Metered-dose inhaler

Know the techniques for maximizing the response of a patient to medication administered by metered-dose inhaler

Understand the value of spacer devices in metered-dose inhalers

H. Humidification

Understand the difference between relative humidity and absolute water content

Know techniques for humidifying inspired gas and appreciate the relative efficiency of each

Recognize the indications for humidification of inspired gases

Recognize the side effects of mist therapy

I. Oxygen therapy

1. Delivery systems

Recognize the differences among various oxygen delivery systems (eg, liquid, compressed gas, concentrator)

Know that when nasal prongs are used, during the process of inspiration there is a variable and unknown inspired oxygen concentration

Know the underlying principle of a Venturi valve

Know which oxygen delivery systems provide a known fraction of inspired oxygen

Recognize the indications for and limitations of oxygen tents

Know uses and risks of hyperbaric oxygen therapy for carbon monoxide poisoning

Understand the relative advantages and disadvantages of oxygen delivery via nasal prongs, face mask, blow by, and tent

Know that the gas flow at the end of a length of tubing attached to an oxygen source is independent of the length of the tubing

2. Indications

Recognize clinical indications for oxygen therapy

Know the differences between oxygen saturation, oxygen content, and oxygen partial pressure

Recognize the cyanotic conditions that will not respond to oxygen therapy

Recognize the indications for oxygen therapy during air travel in patients with lung disease

3. Monitoring systemic oxygenation

Know the principles underlying pulse oximetry

Know factors that influence the accuracy of pulse oximetry

Know technical factors that may alter the reading of oxygen saturation (eg, fetal hemoglobin, carbon monoxide, methemoglobin)

Understand the usefulness and limitations of determination of the mixed venous oxygen content

Know that oximeters require adequate tissue perfusion/blood flow before oxygen saturation can be accurately assessed

Understand the limitations of transcutaneous PO₂ electrodes

Understand the effect of increased PaO₂ on mixed venous PO₂

Understand the conditions under which capillary PO₂ does not accurately reflect arterial PO₂

4. Toxicity/side effects of oxygen therapy

Know the appropriate amount of oxygen to administer to a patient in chronic respiratory failure

Recognize the adverse effects of oxygen on the various pulmonary cells

Understand the major cellular antioxidant systems

Understand the effect of fetal lung maturation or previous oxygen exposure on cellular antioxidant enzyme systems

Recognize the clinical sequence of symptoms due to oxygen toxicity

Know that it is the arterial PO₂ that is important in the pathogenesis of retinopathy of prematurity, whereas it is the alveolar PO₂ that is important in the pathogenesis of lung oxygen toxicity

Know that the time of onset of oxygen toxicity is proportional to the alveolar PO₂ (eg, normobaric versus hyperbaric oxygen)

Know the mechanism by which oxygen promotes atelectasis

5. Strategies to prevent oxygen toxicity

J. Mechanical ventilation

1. Indications for use

Recognize the indications for mechanical ventilation in various clinical situations

Recognize the indications for discontinuing mechanical ventilation in various clinical situations

Know approaches to weaning from mechanical ventilation

2. Modes

Understand the difference between jet and high-frequency oscillatory ventilation

Know the definitions of intermittent mandatory ventilation, synchronous intermittent mandatory ventilation, and pressure support

Understand the principles and use of intermittent mandatory ventilation, pressure support, proportional-assist, assist-control, and controlled ventilation

Recognize the indications for use of high-frequency oscillation and jet ventilation

Know the limitations of high-frequency oscillation and jet ventilation

Understand the principles of and indications for time-cycled ventilation

Recognize the clinical indications for intermittent mandatory ventilation, pressure support, assist-control ventilation, and controlled ventilation

Recognize the indications for use of negative pressure ventilation

3. Volume- vs pressure-limited mechanical ventilation

Know the definition of volume-limited ventilation

Know the definition of pressure-limited ventilation

Understand the principles of pressure-limited ventilation and volume-limited ventilation and recognize clinical indications for their use

4. Ventilatory parameters

a. Inspiratory/expiratory time

Know the definition of inspiratory time

Understand the effect of inspiratory time on gas distribution

Understand the relationship between inspiratory time and peak pressure

Understand the relationship between inspiratory time and peak flow

Understand the importance of expiratory time with respect to gas trapping during mechanical ventilation

Know how to change inspiratory time to accommodate various clinical situations

b. Tidal volume

Recognize the factors that affect tidal volume delivered to a patient by a mechanical ventilator

Understand the relationship between tidal volume and airway pressure in various modes of ventilation

Quantitate the effects of compressible volume on delivered tidal volume

Know how to choose an appropriate ventilator tidal volume in various clinical settings

c. Rate

Know how to choose an appropriate ventilator respiratory rate in various clinical situations

d. Wave form

Understand the relationship between inspiratory wave form and mean airway pressure

Understand the differences in flow-wave form in pressure-limited and volume-limited ventilatory modes

e. I:E ratio

Appreciate the potential effects of altering the I:E ratio on arterial blood gas values in various disease states

Appreciate the potential impact of altering the I:E ratio on air trapping

Be able to calculate inspiratory time from rate and I:E ratio during mechanical ventilation

f. PEEP and CPAP

Understand the mechanisms of action of positive end-expiratory pressure

Understand the physiologic effects of positive end-expiratory pressure

Understand the mechanisms of the side effects of positive end-expiratory pressure

Know the methods available for the application of positive end-expiratory pressure to patients who are receiving ventilation, as well as to those who are not

5. Home ventilation

Know the difference between nasal positive airway pressure ventilation and conventional ventilation and when to use each method

6. Risks/complications

Recognize the risks and complications of mechanical ventilation

7. Intubation

Recognize the complications associated with endotracheal intubation in children

Recognize the indications for selective bronchial intubation

K. Home monitoring

Recognize the indications for home monitoring (eg, unexplained and preventable life-threatening apnea or dysrhythmias)

L. Incentive spirometry

1. Indications

Recognize the indications for incentive spirometry

M. Compliance

Know the methods of assessing drug compliance in patients with respiratory disorders

Know that lack of compliance is a major factor in failure rates of prescribed therapeutic regimens

Know ways to enhance patient compliance with therapeutic regimens

Recognize factors that contribute to poor compliance with therapy

N. Lung transplantation

1. Indications

Recognize clinical indications for heart-lung, bilateral lung, and single-lung transplantation

2. Complications

Know that most acute rejection episodes following heart-lung or lung transplantation occur in the first three months after the surgery

Recognize the signs and symptoms of acute rejection following heart-lung or lung transplantation

Know that transbronchial biopsy is the standard method for diagnosing acute rejection following heart-lung or lung transplantation

Recognize the usual histologic pattern of acute rejection following heart-lung or lung transplantation

Know that obliterative bronchiolitis is the most frequent pattern of chronic rejection following heart-lung or lung transplantation

Recognize the common agents that cause pulmonary infections following heart-lung or lung transplantation

Understand the role of bronchoalveolar lavage in establishing the etiology of pulmonary infection following heart-lung or lung transplantation

Understand the importance of bronchial blood flow to the trachea and bronchi in transplanted lungs

Know the complications of lung transplantation

Understand that the bronchial airways are denervated following heart-lung or lung transplantation

O. Tracheostomy

1. Indications

Recognize the clinical indications for tracheostomy in children

2. Complications

Recognize the immediate postoperative complications of tracheostomy

Implement appropriate therapeutic steps when a child with a tracheostomy suddenly becomes cyanotic or has other signs and symptoms of acute hypoventilation

Recognize the chronic complications of tracheostomy

Recognize that a child younger than 1 year of age who has a tracheostomy because of severe subglottic stenosis is at risk for increased mortality during the first year after birth

Recognize that aspiration secondary to dysfunctional swallowing may complicate tracheostomy

P. DN'ase

1. Indications

Understand the indications for the use of nebulized DN'ase

2. Mechanism of action

Know the mechanism of action of DN'ase

3. Clinical effects

4. Toxicity and side effects

Know the common side effects of DN'ase

Q. Miscellaneous

Understand that dopamine increases peripheral vascular resistance and that dobutamine decreases peripheral vascular resistance

Know the medications that increase respiratory drive

IV. Prevention

A. Immunizations

1. Pertussis

a. Composition

b. Efficacy

Know that it takes a series of pertussis vaccinations to achieve protection in young children

Know the efficacy of pertussis vaccination

c. Complications

2. Diphtheria

a. Composition

Know that diphtheria vaccine is a toxoid

b. Efficacy

Know that a series of diphtheria vaccinations is required to achieve protection

3. Hemophilus influenzae

a. Composition

b. Efficacy

Know the efficacy of Hemophilus influenzae vaccine for respiratory disease

4. Measles

a. Composition

Know that the measles vaccine is a live virus preparation

b. Efficacy

Know that two doses of measles vaccine are recommended for normal children

c. Complications

Recognize the absolute contraindications for measles vaccination

5. Tuberculosis

a. Composition

Know that bacille Calmette-Guerin vaccine consists of a live attenuated strain of Mycobacterium bovis

b. Efficacy

Recognize the indications for bacille Calmette Guerin vaccine in developed and undeveloped countries

Know the efficacy of bacille Calmette Guerin vaccine

c. Complications

Know how to interpret results of a Mantoux test in a patient who has been vaccinated with bacille Calmette Guerin vaccine

Recognize the complications of bacille Callmette Guerin vaccine

6. Pneumococcal

a. Composition

Know that pneumococcal vaccine is composed of purified capsular polysaccharide from the sereotypes that most commonly cause serious pneumococcal disease

b. Efficacy

Recognize the clinical conditions for which pneumococcal vaccine is indicated

Know that pneumococcal vaccine does not confer absolute protection to children at high risk

Know the immunologic response to immunization

7. Influenza

a. Composition

Recognize that influenza vaccine is a formalin inactivated vaccine

b. Efficacy

Recognize the clinical indications for administration of influenza vaccine

Recognize the limitations of influenza vaccine

Know the recommendations for administration of influenza vaccine

Know that prophylactic rimantadine therapy is effective against influenza A virus

Know that corticosteroids do not suppress the protective effect of influenza vaccine

B. Smoking

1. Active smoking

a. Demographics of onset

Know that the great majority of adult smokers are already committed smokers by the time they are 18 years of age

b. Factors influencing onset

Know that peer pressure is the primary influence on smoking initiation

c. Pulmonary and extrapulmonary health effects

Recognize that smoking is the number one preventable cause of death in the United States

2. Passive smoking

a. Health effects

(1). Fetus

Know that maternal smoking leads to an increase in fetal loss, a reduction in birth weight, and an adverse impact on lung growth

(2). Infant

Know that passive smoking leads to increased rates of both upper and lower respiratory tract infections in infants

(3). Child

Know that passive smoking may be a potent stimulus for bronchoconstriction in children with pre-existing reactive airways disease

3. Interventions

a. Preventions

Know that smoking prevention would be the most effective public health measure possible in terms of reducing mortality in the United States

b. Smoking cessation

Know that effective smoking cessation must take into account the fact that for many people smoking is both a habit and an addiction

C. Neonatal infections

Know that treatment of pregnant women colonized with *Chlamydia trachomatis* may prevent disease in the infant

Know that routine eye prophylaxis in a newborn infant colonized with *Chlamydia trachomatis* does not prevent the onset of pneumonia

V. Lung Growth and Development

A. Fetal

1. Structure

a. Embryonic

Know that the lung arises as an outpouching of the primitive gut

Know the characteristics of the embryonic stage of lung development

Know that the major bronchial divisions are formed by 16 weeks of gestation

b. Pseudoglandular

Know the histologic characteristics of the pseudoglandular stage of lung development

c. Canalicular

Know the histologic characteristics of the canalicular stage of lung development

d. Terminal sac

Know the histologic characteristics of the terminal sac stage of lung development

e. Alveolar stage

Know the histologic characteristics of the alveolar stage of lung development

f. Cellular structure

Know which cellular characteristics of the airway vary with fetal lung development

Know which cellular characteristics of the airspace vary with fetal lung development

Know which cellular characteristics of the pulmonary vasculature vary with fetal lung development

2. Physiology

a. Circulation

Know that the fetal pulmonary circulation receives only minimal amounts of the combined ventricular output (approximately 5% to 7%)

Know that the systemic circulation has a low resistance circulation due to the placental vascular bed

Understand the mechanisms that maintain a high pulmonary vascular resistance in utero

b. Airway and alveolus

Understand the mechanisms of production and the unique composition of fetal lung liquid

Know that normal lung development is dependent upon normal secretion of lung liquid

Understand the developmental timing and regulation of surfactant synthesis

c. Fetal breathing

Recognize the pattern of fetal breathing

Know that fetal breathing pattern is influenced by sleep state

Know that fetal breathing influences lung development

d. Regulation

Understand the influence of growth factors on lung development

Understand the effects of thyroid hormones on lung development

Understand the effects of corticosteroid hormones on lung development

Know that mesenchymal cells play a directive role in the development of epithelium

B. Perinatal

1. Physiology

a. Circulation

Know the mechanical, chemical, and vasoactive signals involved in lowering pulmonary vascular resistance after birth

b. Airflow and lung mechanics

Understand the role of a low air-liquid surface tension in maintaining end-expiratory volume

Understand the role of respiratory muscle function in maintaining end-expiratory volume above functional residual capacity

Know that surfactant is released from type II cells at birth

c. Gas exchange

Know the stimuli involved in initiation of respiration (thermal, tactile, chemical, etc.) after birth

Know changes in arterial blood gas tensions and acid base status during the perinatal period

d. Clearance of lung liquid

Know that lung liquid clearance takes many hours

Know pathways of lung liquid removal during and following the birth process

Understand the mechanisms of lung liquid removal (mechanical, osmotic forces, active sodium transport) during and following the birth process

C. Postnatal

1. Structure

a. Airways and alveoli

Know that continuing alveolarization of terminal bronchioles "transforms" them into respiratory bronchioles

Know that new alveoli arise from saccules by the processes of septation and capillary invasion

Know that collateral ventilation is poorly developed in newborn infants

Know the timing of the greatest increases in alveolar numbers during postnatal life

Know that there is no increase in the number of small conducting airways after birth

b. Pulmonary circulation

Understand the association between decreased pulmonary arterial pressure and decreased muscularization of the pulmonary circulation

Know that proliferation of new arteries occurs most rapidly in the first one to two years after birth and parallels alveolar multiplication

Understand the structural changes of the pulmonary arterial system that occur postnatally

Know that there are nonmuscularized pulmonary arteries

Know that pulmonary veins increase in number postnatally in association with alveolar multiplication

c. Cellular growth

Know that neuroepithelial bodies or argyrophil cells are relatively prominent in the lungs of newborn infants, decrease in density during the first year after birth, and increase in infants with bronchopulmonary dysplasia

2. Physiology/pathophysiology

Understand the relation between lung growth and diffusing capacity for carbon monoxide

Understand the effect of restriction of the chest wall on growth of the lung

Understand the effect of living at a high altitude on lung growth

Understand the effect of pneumonectomy on the remaining lung

Know that lung distention influences growth of the remaining lung after pneumonectomy

VI. Structure and function of the respiratory system

A. Upper airway

1. Nose

Know the anatomy of the nasal turbinates and the sinus ostia

Understand the function of the turbinates in terms of increasing surface area in the nose

Understand the function of the nasal passage in terms of humidification and warming of the inspired air

Know that the nose accounts for approximately half of total airway resistance

Know that posture affects nasal patency, ie, resistance is increased when patients are in the supine position

Know that nasal airflow resistance decreases during exercise

Understand the importance of the muscles of the upper airway (including the genioglossus, alar nasae and laryngeal abductors) in maintaining airway patency during inspiration

Know the cellular components of the nasal epithelium

2. Pharynx

a. Nasopharynx/choanae

Know the location of the adenoids

Understand the function of the velopharyngeal valve in speech and swallowing

b. Oropharynx

Understand the steps in normal swallowing (closure of the glottis and velopharyngeal valve, coupled with cricopharyngeal sphincter relaxation)

Understand the function of the genioglossus in determining airway patency

3. Larynx

Know the normal anatomy of the larynx and the supralaryngeal areas

Understand the normal function of the vocal cords in protecting the airway

Know the relative change in position of the larynx during growth in the neonate as compared to in the adult (C3-4 versus C5)

Understand the innervation of the larynx

Know that the cricoarytenoid posterior is the only muscle capable of opening the larynx

4. Subglottic space

Know that the cross-sectional area at the cricoid is fixed and not affected by transmural pressure changes

Know that below the cricoid, the tracheal rings are C-shaped and the cross-sectional area is variable with changes in transmural pressure

Know that compliance of the upper airway is greater in children than in adults

B. Thorax

1. Skeleton

Know the normal anatomy of the rib cage

Understand the changes in the rib cage that are associated with respiration

Understand the physiologic significance of maturational ossification of the rib cage

2. Respiratory muscles

a. Diaphragm

Know that the mechanical advantage of the diaphragm depends on its domed shape

Know that the diaphragmatic muscle has two components: a sternal (costal) portion and a crural portion

Understand the relationship between diaphragmatic fatigue and changes in chest and abdominal wall motion

Know that the diaphragm is innervated by the phrenic nerve (C3 4-5)

Know the course of the phrenic nerve from the neck to the diaphragm

Know that the diaphragm is the primary muscle of respiration during quiet breathing

Know that the diaphragm is composed of different fiber subtypes

Know that inspiratory muscles may remain active during expiration in some lung diseases

Identify the anatomic attachments of the diaphragm

Understand the functional significance of the costal and crural regions of the diaphragm

Understand the embryologic development of the diaphragm

Understand the length-tension relationship of diaphragmatic muscle

Understand how the length-tension relationship influences diaphragmatic function in hyperinflated lungs

Understand how diaphragmatic contraction results in inspiration

Know that expiration is a passive process, ie, there is no active diaphragmatic contraction

Know that in infants the diaphragm attachment to the lower rib cage is more perpendicular than in children and adults

Know that smooth muscle extends more peripherally in pulmonary arteries at birth than later in childhood

b. Intercostal muscles

Know that the internal and external intercostal muscles are both inspiratory at low lung volumes and become active expiratory muscles at a point greater than 50% of inspiratory capacity

c. Accessory muscles

Know that the sternocleidomastoid muscles are used only during strenuous breathing and are not active at rest

Understand how the scalene and sternocleidomastoid muscles facilitate respiration

d. Abdominal

Recognize the role of abdominal muscles in respiration, ie, stabilizing chest wall and expiratory movements (cough and exercise)

Understand the role of the abdominal muscles in cough

3. Neurovascular supply

Know the location of the neurovascular bundle supply to the intercostal muscles

4. Pleural space (see pleural diseases)

a. Parietal pleura

Understand the contribution of the parietal pleura to the production and clearance of pleural fluid

Understand the enervation of the parietal pleura

b. Visceral pleura

Understand the enervation of the visceral pleura

Understand the contribution of the visceral pleura to the production and clearance of pleural fluid

5. Mediastinum

Recognize the boundaries of the various compartments of the mediastinum (anterior, posterior, superior, inferior)

Recognize the normal structures located in each of the four mediastinal compartments (anterior, posterior, superior, inferior)

Recognize the abnormal structures that may be located in each of the four mediastinal compartments

C. Lower airway

1. Trachea

a. Length, diameter

Recognize the growth patterns of the normal trachea (ie, rapid growth in diameter during the first two years after birth and at puberty)

b. Structure

Know the tracheal smooth muscle lies transversely between the dorsal tips of the tracheal rings

Understand the innervation of the tracheal smooth muscle

Understand the effects of contraction of the tracheal smooth muscle on airway diameter and stability

Understand the function of the mucus-secreting glands in the airway

Know that smooth muscle in the trachea is present as transverse bands between the dorsal tip of the cartilage rings

c. Cellular components (see cell biology)

Know how cilia beat in a metachromic way and propel mucus plaques toward central airways

Know that the dynein arms contain ATPase necessary for ATP hydrolysis

Know the cell components of the airway epithelium (pseudostratified, columnar, ciliated epithelium, interspersed with goblet cells)

Recognize the normal structure of respiratory cilia on electron microscopy

Know the normal function of the cilia

Know the normal beat pattern of respiratory cilia

Recognize the factors that affect mucociliary transport

Understand the role of mucociliary transport in airway clearance mechanism

2. Bronchi

Understand the difference in structure between bronchi and bronchioles

Know that the cross-sectional area of the airways increases exponentially with distance from the larynx

Understand the actions of the subtypes of muscarinic receptors found within the airways

3. Bronchioles

Know that there are no mucous glands in the bronchioles

Understand the difference between terminal and respiratory bronchioles

4. Lungs

a. Lobes

Identify the lobes of the lung

Know the distribution of the various bronchopulmonary segments

b. Fissures

Know which lobes constitute the boundaries of the major and minor fissures

5. Alveoli

Understand the physiologic implications of the polyhedral shape of the alveoli

Know that the alveolus has areas covered by a thin layer of fluid and that this "hypophase" is important in surfactant function

Understand the factors that are responsible for alveolar stability

Know that the epithelium and endothelium have a fused basement membrane on the thin side of the alveolar capillary membrane and that this facilitates gas transfer by reducing resistance to diffusion

Know the components of the acinus

6. Collateral channels

Know the definition of the pores of Kohn

Know the definition of the canals of Lambert

Understand the effects of age on the development of collateral channels (infants have poorly developed collateral channels)

7. Pulmonary lymphatics

Understand the drainage pattern of the pulmonary lymphatics

Know that the unidirectional flow of pulmonary lymph towards the hilus is maintained by valves in the lymphatic system

Know that the function of the pulmonary lymphatics is to collect protein and water from the interstitium and return it to the circulation

Know that the pulmonary lymphatics travel alongside the blood vessels

8. Innervation of the lung

Know the innervation of airway smooth muscle cells

Know the innervation of vascular smooth muscle cells

Know the anatomy of sympathetic and parasympathetic innervation of the lung

Understand the function of nonadrenergic/noncholinergic nervous system in the lung

Know the putative mediators of the nonadrenergic/noncholinergic nervous system in the lung

Know that sensory nerves in the lung are vagal in origin

Know the origin of the phrenic nerve from the spinal cord

9. Blood vessels and circulation

a. Pulmonary arteries

Know that conventional pulmonary arteries run alongside the airways, and supernumerary pulmonary arteries do not run with the airways

Know that there are two types of pulmonary arteries: conventional and supernumerary

Understand the development of the muscularization of the pulmonary arterial system

Understand the development of the response of the pulmonary arterial system to hypoxia (ie, increasing response with aging and extension of muscle)

Know that pulmonary arteries can be classified as elastic, muscular, partially muscular, or nonmuscular

Know that muscular arteries have a circular layer of muscle, bounded by internal and external elastic lamina

Know that as arteries decrease in size, muscle becomes spiral and decreases in quantity

Know that the endothelium of the pulmonary vascular system is continuous and nonfenestrated

Know that endothelium is an active cell layer and not just a passive barrier

b. Pulmonary veins

Know that the pulmonary veins provide a reservoir for blood volume and help maintain a constant left ventricular output despite variable pulmonary blood flow

c. Pulmonary circulation

Recognize factors that regulate pulmonary circulation

Recognize the effects of changing pleural pressure on pulmonary circulation

d. Systemic circulation

e. Bronchial circulation

Know that bronchial arteries extend into the lung to the level of the terminal bronchiole

Know that there are numerous connections between the bronchial and pulmonary circulations

Know that one third of the bronchial blood flow returns to the right atrium through the bronchial veins and the remainder to the left atrium via the pulmonary veins

Know that bronchial arteries generally receive 1% to 2% of systemic blood flow

VII. Lung defense mechanisms

A. General

Know the mechanisms that reduce the risk of developing pulmonary infections

B. Modifications of inspired air

1. Temperature

Recognize the conditions under which extrathoracic upper airways incompletely warm inspired air to body temperature

2. Humidification

Know that there is a countercurrent mechanism for heating and humidification of inspired gas in the nose

Know that inadequate humidification of inspired air impairs tracheal mucociliary transport

3. Particle deposition

a. Size

Know that particles smaller than 0.5 microns in diameter are not retained in the airway

Know that particles 0.5 to 2 microns in diameter are deposited in the alveoli

Know that particles 2 to 10 microns in diameter are deposited onto tracheobronchial epithelium

b. Site of deposition

Know that particles greater than 10 microns in diameter are deposited in the nasal passages during nasal breathing

Know that nasopharyngeal filtering does not occur for particles less than 1 micron in diameter

Know the factors that influence particle deposition in the lungs

4. Uptake of pollutant gases

Know that the solubility of a gas will help determine the effects of the gas on the respiratory tract

C. Respiratory tract cilia

1. Structure (see ciliary dysmotility, I.Q.2)

2. Mechanism of action

D. Airway secretions

1. Biochemical constituents

Know that normal respiratory tract fluid is a mixture of secretions from submucosal gland ducts, goblet cells, and epithelial cells

Know that the epithelial surface is covered by two layers: a low-viscosity periciliary fluid and a viscoelastic mucus layer

Know that the viscosity and elasticity characteristics of normal tracheobronchial secretions are primarily due to the presence of mucus glycoproteins

2. Control of airway secretions

Know that airway submucosal glands are under cholinergic nervous regulation (stimulation of cholinergic efferent nerves causes secretion from submucosal glands)

Understand the effects of anticholinergic drugs upon submucosal gland secretion production in the airways

Know the histologic changes in the airways associated with chronic states of hypersecretion, eg, bronchitis, cystic fibrosis

3. Mucociliary transport

Know that mucociliary mechanisms and alveolar macrophages both clear inhaled microorganisms

Understand the alterations in mucus that reduce mucociliary function

Know that mucociliary clearance is an important host defense in the nose, ears, and sinuses, as well as in the lower respiratory tract

Know the pharmacologic agents that alter mucociliary transport

Know that ciliated epithelial cells are present in the lower respiratory tract as far distal as the alveolar ducts

Understand the factors that increase or decrease mucociliary transport

E. Cough

1. Normal physiology

Know that the highest densities of cough receptors are found in the larynx, trachea and bronchi

Know that chemical, mechanical, or pharmacologic stimulation of cough receptors causes afferent fibers in vagus nerve to transmit impulses to the medulla

Know the efferent neural pathways important in cough

Understand the role of glottic closure in the production of effective cough

Understand the role of tracheal compression in the production of effective cough

2. Pathophysiology

Know the extrapulmonary afferent pathways that may produce cough

Recognize that muscular and efferent neural abnormalities may render cough ineffective

F. Respiratory reflexes and defense of the lung

Know the stimuli that can cause reflex laryngospasm and/or apnea in infants

G. Pulmonary lymphatics

Know that pulmonary lymphatics are an important component of the lung defense system

Know that efferent lymph vessels course through the connective tissue of the bronchovascular bundle and terminate in regional lymph nodes

H. Air-blood barrier

Know that bronchoalveolar lavage cells constitute representative samples of cells present within alveoli and peripheral bronchioles

I. Pulmonary macrophage

1. Origin and distribution

Know that alveolar macrophages are derived from blood monocytes that replicate within the pulmonary interstitium and mature into macrophages

2. Function

Know that alveolar macrophages ingest and degrade foreign material

J. Cellular and humoral immunity

1. Normal function

Know that the secretory IgA in the upper airways is responsible for complement-independent neutralization of respiratory viruses

Know that there are IgG subclasses

Know that IgG is the major immunoglobulin within the alveoli

Know that the major immunoglobulin within the upper airway is IgA

Know the role of lysozymes in hydrolyzing structural components of bacterial cell walls

2. Immunodeficiency states

Understand the immunodeficiency states associated with pulmonary infection

Know that recurrent infection may be the result of a defect in phagocytosis (chronic granulomatosis disease) in which leukocytes are unable to reduce nitroblue tetrazolium dye

VIII. Cell biology and biochemistry

A. Cell and molecular biology

1. Cell kinetics

Know that the stages of the cell cycle include periods of DNA synthesis (S) and mitosis (M) separated by gap periods (G1, S, G2, M) and a quiescent period (G0)

Know that the S (synthesis) stage is the period of DNA replication and the period of "labelling" with markers of proliferation (eg, tritiated thymidine, BrdU, PCNA)

2. Cell differentiation

Know the characteristics that distinguish progenitor cells from differentiated cells

3. Protein synthesis

Understand the relationships between DNA, mRNA, and amino acid sequences

Recognize that protein expression may be modified at the levels of transcription, translation, and post-translation

Understand the general principles of mRNA detection by Northern hybridization, in situ hybridization, and reverse transcriptase polymerase chain reaction (RT PCR)

Understand the general principles of protein detection by Western blot, immunoblot, and immunohistochemical analyses

Know that protein synthesis occurs in the rough endoplasmic reticulum and is directed by ribosomes

B. Lung cells and products

1. Type I alveolar cell

Know that type I and type II alveolar cells form tight junctions

Know that type I alveolar epithelial cells cover more than 90% of alveolar surface although they are less numerous than type II epithelial cells

Know that a type I cell arises from a type II cell and is a terminally differentiated cell incapable of division

2. Type II alveolar epithelial cell

Know the structural features of type II alveolar epithelial cells

Know that type II alveolar cells secrete pulmonary surfactant

Know that type II epithelial cells can divide

Know that pulmonary alveolar epithelium reabsorbs edema fluid, in part by actively transporting ions

3. Airway epithelial cell

Understand the structural and functional differences between the apical and basolateral membranes of airway epithelial cells

Know the function of tight junctions in airway epithelium

4. Endothelial cell

Know that von Willebrand factor is synthesized by and is a characteristic feature of endothelium

Understand the mechanisms by which the cell surface influences coagulation/fibrinolysis

Know the actions of vasoactive compounds derived from endothelial cells

Know the location and functions of angiotensin-converting enzyme

Know which circulating compounds are metabolized by endothelium during their passage through the pulmonary circulation

5. Alveolar macrophage

Know that macrophages release cytokines

Know the functions of alveolar macrophages

Know the precursor cell of the alveolar macrophages

6. Lymphocytes

Identify lymphocyte subtypes and their functions

Know that lymphocytes release cytokines

7. Leukocytes

Know that the lung has large numbers of leukocytes and also is the predominant site of the "marginated pool" of leukocytes

Know that a degradation product of the fifth component of complement (C5) is involved in the generation of neutrophil chemotactic activity

8. Mast cell

Know the functions of the mast cell

Know the content of mast cell granules

Understand the mechanism of mast cell activation

Understand the mechanisms of granule and mediator release from mast cells

9. Mucous/goblet cell

Know the stimuli that trigger release of products from mucous/goblet cells

10. Neuroendocrine (APUD) cells

Know which vasoactive mediators and cytokines are released by neuroendocrine (APUD) cells

Understand the relationship between the numbers of neuroendocrine (APUD) cells and neuroepithelial bodies and lung maturity or lung diseases characterized by chronic hypoxemia

11. Smooth muscle cells

Understand mechanisms regulating smooth muscle tone

Know that pulmonary vasculature smooth muscle in situ has a qualitatively different response to hypoxemia and acidosis relative to systemic vasculature

12. Elastin

Know that the elastin content of the lung increases with increasing gestational age

Recognize the susceptibility of elastin to proteolysis by neutrophil elastase

Know that the normal turnover rate of elastin is measured in years

13. Collagen

Know different subtypes of collagen present in the normal and diseased lung (eg, fibrosing alveolitis)

Recognize the susceptibility of collagen to proteolysis by neutrophil elastase

14. Proteinases/antiproteinases

Identify major lung sources of proteinases and antiproteinases

Know the activities of the major antiproteinases

Know that reperfusion injury is caused by local generation of oxygen radicals

Know that Clara cells have an important role in handling inhaled toxic substances

15. Oxidants and antioxidants

a. Toxic oxygen radicals (see oxygen therapy)

Know which toxic oxygen radicals are associated with hyperoxic lung injury

Know that leukocytes and macrophages can generate toxic oxygen radicals

16. Surface active materials

Know the components of surface active materials

Understand the functional role of surfactant-associated proteins

Understand the functional role of surfactant lipids

Understand the developmental and hormonal regulation of surfactant production

17. Prostanoids

Understand the actions of the arachidonic acid metabolites

Know the pathways of arachidonic acid metabolism

18. Fibroblasts

Know the anatomic location of fibroblasts in the lung

Understand the role of fibroblasts in collagen synthesis and matrix formation

Know the stimuli for fibroblast proliferation and collagen synthesis

19. Clara cells

Know the anatomic location of Clara cells within the lung

Know that two potential roles of Clara cells are surfactant recycling and active ion transport

20. Vitamin A

Know that vitamin A deficiency can cause squamous metaplasia of the epithelium in large airways

21. Lysozyme

Understand that lysozymes hydrolyze structural components of bacterial cell walls

IX. Gas Exchange, ventilation - perfusion distribution, acid-base

A. Gas exchange

1. Alveolar ventilation

a. Effect on arterial PCO₂

Understand the relationship between minute ventilation and alveolar ventilation

Understand the relationship between alveolar ventilation, carbon dioxide production, and arterial PCO₂

b. Effect on arterial PO₂

Calculate the effect of alveolar hypoventilation on alveolar and arterial PO₂

2. Dead-space ventilation

Identify the proportion of each tidal breath comprising anatomic dead space in conducting airways

Calculate dead space/tidal volume ratios (V_d/V_T) using the Bohr equation

Recognize the limitations of end-tidal carbon dioxide as a measure of arterial PCO₂

Recognize the physiologic significance of an increased (PACO₂-PaCO₂) difference

Understand how the physiologic dead space changes with body position (supine versus standing positions)

Understand how exercise influences both minute ventilation and anatomic and physiologic dead-space ventilation

Estimate the effect of the VD/VT ratio on minute ventilation

Know the definition of respiratory dead space, anatomic and physiologic

3. Ventilation-perfusion relationships in the lung

a. Functional significance

Know that V/Q mismatching is the most common reason for hypoxemia in patients with lung disease

Understand how V/Q mismatching can lead to hypercapnia in addition to hypoxemia in the absence of compensatory hyperventilation

b. Effect of gravity on gas distribution

Recognize the factors that affect gas distribution within the lung

Understand how change in body position (from supine to standing) alters ventilation-perfusion matching in healthy humans

c. Effect of gravity on pulmonary circulation

Know the effect of gravity on the distribution of pulmonary flow

4. Oxygen consumption and carbon dioxide production

a. Respiratory exchange ratio

Recognize the clinical features that increase oxygen consumption and carbon dioxide production in children

b. Influence of carbohydrate, fat, and protein

Know the respiratory quotient of fat, carbohydrate, and protein

Know that carbohydrate ingestion is associated with an increased respiratory quotient secondary to increased CO₂ production

5. Alveolar air equation

a. (PAO₂-PaO₂) difference

Calculate how a difference in barometric pressure affects arterial PO₂

Calculate each of the factors in the alveolar air equation

Know that normal values for the (PAO₂-PaO₂) difference change with the fraction of inspired oxygen in healthy individuals

Know the definition of alveolar ventilation

b. PaO₂:PAO₂ ratio

Know that the PaO₂/PAO₂ ratio does not change with the fraction of inspired oxygen in healthy humans

Know the normal value for the PaO₂/PAO₂ ratio and how this differs in newborn infants

Know the relationship between PaO₂ and O₂ content

Know the conditions associated with an increased a-A PCO₂

6. Fick's law of diffusion

Know the determinants of gas diffusion through a membrane according to Fick's first law of diffusion

Know why carbon monoxide is used as the inspiratory gas to measure diffusion capacity of the lung

7. Arterial hypoxemia

a. Causes

Understand the effect of intrapulmonary shunt on arterial PO₂

Know that hypercapnia does not change the (PAO₂-PaO₂) difference for oxygen

Recognize that pure or uncomplicated upper airway obstruction is associated with a normal (PAO₂-PaO₂) difference

Understand how mixed venous oxygen content contributes to arterial hypoxemia in lungs with V/Q mismatching

Recognize the pulmonary conditions that produce right-to-left shunts in children with hypoxemia

Know that hypoxemia due to gas diffusion limitation is most likely to occur during exercise in patients with lung disease or at high altitudes

Distinguish ventilation-perfusion imbalance from anatomic shunt on the basis of blood gas data

8. Shunt equation

Calculate shunt fraction from the shunt equation

Know the anatomic cause of shunt in healthy individuals

9. Oxygenation

a. Oxygen-carrying capacity

Calculate oxygen-carrying capacity and understand its clinical application

Recognize the clinical factors that alter oxygen-carrying capacity

Know the adaptations to deficiencies in oxygen-carrying capacity

Know the definition of venous admixture

10. Oxygen transport

a. Diffusion barriers

b. Oxyhemoglobin dissociation curve

Recognize the factors that change the shape of the oxyhemoglobin dissociation curve

Recognize the factors that shift the oxyhemoglobin dissociation curve

Recognize the changes in arterial PO₂ and P₅₀ associated with methemoglobinemia

c. Capillary transit time of erythrocytes

Recognize the factors affecting the capillary transit time of erythrocytes

d. Oxygen delivery to tissues

Recognize the factors that influence oxygen transport to the tissues

Understand the relationship between oxygen delivery and oxygen consumption in healthy individuals

11. Oxygen exchange in tissues

Recognize local factors at the tissue level that ensure adequate oxygen supply to a given cell

B. Carbon dioxide transport and acid-base balance

1. Factors affecting transport

Recognize the factors affecting carbon dioxide transport

2. Hydration of carbon dioxide

a. Carbonic anhydrase

Know that carbonic anhydrase is located in vascular endothelium and in erythrocytes

Know that carbonic anhydrase accelerates the hydration of carbon dioxide

b. Henderson-Hasselbalch equation

Understand the Henderson-Hasselbalch equation

c. Buffering of hydrogen ion

Know the major intracellular and extracellular hydrogen ion buffers

Know the rationale for correcting the base excess value

d. Chloride shift in erythrocytes

C. Excretion of acid

1. Normal

a. Lungs

Recognize factors limiting excretion of acid by the lungs

b. Kidneys

Recognize factors that influence excretion of acid by the kidneys

2. Respiratory acidosis (acute and chronic)

a. Causes

Recognize factors that prolong the duration of voluntary breath-holding

Recognize the blood gas and pH changes that are caused by voluntary breathholding

b. Treatment

c. Diagnosis

3. Respiratory alkalosis (acute and chronic)

a. Causes

b. Treatment

Know the therapy for acute respiratory alkalosis (hyperventilation)

c. Diagnosis

Recognize manifestations of salicylate intoxication on arterial blood gas analysis

4. Metabolic acidosis (acute and chronic)

a. Causes

Recognize the causes of metabolic acidosis (renal, cardiovascular, gastrointestinal, ingestion)

b. Treatment

Recognize the adverse effects of sodium bicarbonate administration in patients with lung disease

c. Diagnosis

5. Metabolic alkalosis (acute and chronic)

a. Causes

Recognize the role of chloride loss in causes of metabolic alkalosis (eg, cystic fibrosis, diuretics)

Know the causes of metabolic alkalosis

b. Treatment

Know how to treat metabolic alkalosis

c. Diagnosis

Recognize manifestations of metabolic alkalosis on arterial blood gas analysis

6. In vivo vs in vitro CO₂ dissociation curve

D. Exercise physiology (see II.C.)

X. Respiratory mechanics

A. Static respiratory system mechanics

1. Definitions

Know the definitions of and the factors that determine the various lung volumes and capacities

Know the difference between lung compliance and total respiratory system compliance

Know the definition of compliance

Recognize the difference between static and dynamic compliance

Know the definition of frequency dependence of compliance

Know that specific compliance or elastance is the measured value normalized by another measurement, usually lung volume

Know that compliance is the slope of a pressure-volume curve and varies as a function of lung volume

Recognize that dynamic compliance decreases with increasing respiratory frequency in subjects with airway obstruction

2. Surface tension (see VIII.O)

Know the definition of surface tension

Know the method of measuring surface tension

Understand the LaPlace relationship as it applies to alveolar curvature, alveolar surface tension, and lung recoil

Know that pulmonary surfactant lowers surface tension to a greater extent when the alveolar surface is being compressed than when it is expanded (hysteresis)

Know the effect of a large embolus on end-tidal CO₂

3. Elastic recoil of the lung

Recognize the pressure-volume curve of the normal lung

Know that the pressure-volume characteristics of the normal lung reflect surface forces and tissue recoil

Know that the inflation and deflation pressure-volume curves of the lung differ (hysteresis)

Know that the normal lung is relatively stiff at total lung capacity and relatively compliant at functional residual capacity

Recognize factors that influence lung compliance in health and disease

4. Static mechanics of the chest wall

Know the pressure-volume characteristics of the chest wall of a normal child

Know how the pressure-volume curve of the chest wall of an infant differs from that of the older child or adult

Know that a normal pressure-volume curve of the chest wall assumes that the respiratory muscles are relaxed

Know that the chest wall is relatively stiff at low lung volumes and relatively compliant at volumes above functional residual capacity

Recognize factors that influence chest wall compliance in health and disease

Know the functional sequelae that may be associated with a highly compliant chest wall

5. Static mechanics of the combined lung & chest wall

Know how the pressure-volume curve of the lung and that of the chest wall are combined to describe the mechanical characteristics of the respiratory system

Know that end-expiratory volume in infants is actively determined

Be able to calculate total respiratory system compliance

6. Pleural pressure

Understand the relationships among pleural pressure, transpulmonary pressure, static alveolar pressure, and the pressure drop across the chest wall

Know that intrapleural pressure in a patient who is at rest and breathing quietly is negative compared to atmospheric pressure

Know that intrapleural pressure varies topographically within the thorax

Know that esophageal pressure approximates pleural pressure

Know methods of measuring esophageal pressure

Know that chest wall distortion, esophageal muscle contraction, and cardiac motion influence esophageal pressure independent of changes in pleural pressure

B. Airway mechanics

1. Definitions

Know the definitions of resistance and conductance

Know the definitions and determinants of frequency dependence of resistance

Understand how turbulent and laminar flow regimes influence airway resistance

Understand how gas density and viscosity influence airway resistance during turbulent and laminar flow

Understand the relationship between resistance and radius in a rigid tube

Know how resistance and compliance of a system determine the rate at which the system will empty passively (the time constant)

Understand the functional significance of the expiratory time constant

2. Airway resistance/conductance

Understand the relative contributions of the upper airway, central tracheobronchial tree, and peripheral airways to total airway resistance

Understand the difference between airway resistance and total respiratory system resistance

Know various methods of measuring airway and respiratory system resistance

Understand how airway resistance varies as a function of lung volume

Know that specific airway conductance is relatively independent of lung volume and body size

3. Maximal flows/flow limitation

Know that maximal expiratory flow over much of the vital capacity range is relatively effort independent

Appreciate the relationship between the maximal expiratory flow-volume curve and the forced spirogram

Know that maximal expiratory flow at a given lung volume is a function of airway geometry, airway wall compliance, and lung recoil

Appreciate that maximal expiratory flow is a function of lung volume over most of the vital capacity range, while maximal inspiratory flow is relatively independent of lung volume

Appreciate that with increasing expiratory flow, pressure within the airways becomes negative with respect to pleural pressure and the airways therefore narrow

Understand how maximal expiratory flow varies as a function of gas density and viscosity

Understand the mechanisms of maximum expiratory flow limitation

C. Work of breathing

Know that the work of breathing is related to the area of a pressure-volume curve

Know the components (elastic and resistive) of the work of breathing

Recognize factors that influence the work of breathing

XI. Control of breathing

A. Peripheral receptors

1. Chemoreceptors

a. Carotid bodies

(1). Location

Know the location of the carotid bodies

(2). Innervation

Know the primary afferent innervation of the carotid bodies

(3). Structure

Know that the carotid body has a very high blood flow per gram of tissue

Know the blood supply of the carotid bodies

(4). Physiology

Know the function of the carotid bodies

Know that the carotid body exhibits tonic activity even at physiologic arterial PO₂

Know that carotid body activity increases significantly at arterial PO₂ less than 60 mm Hg

Know that carotid bodies respond to changes in arterial pH

Understand the factors that influence the carotid body response to PO₂, ie, increased arterial PCO₂

Know that the carotid body responds to arterial PO₂ and not to oxygen content

b. Aortic bodies

Know that the aortic bodies play a role in the redistribution of the fetal circulation during fetal hypoxemia

c. Laryngeal chemoreceptors

(1). Location

Know the location of laryngeal chemoreceptors

(2). Stimuli

Recognize the stimuli that can activate laryngeal chemoreceptors

(3). Reflex responses

Recognize the reflex responses produced by stimulation of laryngeal chemoreceptors and understand their effects on regulation of breathing

2. Mechanoreceptors

Explain the role of mechanoreceptors in the control of ventilation

a. Vagal

(1). Pulmonary stretch receptors

(a). Location

Know the location of slowly adapting stretch receptors

Know the location of rapidly adapting irritant receptors

Know the innervation of the stretch receptors (myelinated vagal afferent nerves)

Know the innervation of irritant receptors (myelinated vagal afferent nerves)

(b). Stimulus

Know that increasing lung volume is the stimulus for slow-adapting stretch receptors

Know that both mechanical and chemical stimuli elicit responses from the rapidly adapting irritant receptors

(c). Reflex response

Know that the Hering-Breuer reflex is mediated by slowly adapting stretch receptors

Know that cough, bronchoconstriction, and increased mucus production are responses to stimulation of rapidly adapting irritant receptors

Know that hyperpnea is the dominant response to stimulation of rapidly adapting stretch receptors within the lung

Understand the role of irritant receptors in the adaptive response to adverse environmental stimuli

(2). J receptors

Know the anatomic location of the J receptors

Know the stimuli for J-receptor activity

Recognize the pattern of ventilatory response to stimulation of the J receptors

b. Chest wall receptors

(1). Types

Know that muscle spindles innervated by gamma-afferent fibers are found in the intercostal muscles

(2). Role

Know that muscle spindles in the intercostal muscles are involved in respiratory compensation for increased work of breathing

B. Central chemoreceptor

1. Location

Know that central chemoreceptors are located in the medulla oblongata

Know that central chemoreceptors are separated from arterial blood

2. Stimulus

Recognize the pattern of response of the central chemoreceptors to increased arterial PCO₂

Know that the central chemoreceptor accounts for about 85% of the ventilatory response to carbon dioxide and the carotid bodies for about 15%

C. Central neuronal control

D. Factors that influence control of respiration

1. Development of control of respiration

a. Fetal breathing activity

Identify factors that increase and decrease fetal breathing

Know that fetal breathing activity occurs only during REM sleep and is present about 40% of the time

b. Hypoxic drive

Know the factors that influence the postnatal maturation of the ventilatory response to hypoxia

Know that there is a maturation of hypoxic drive during infancy

c. Hypercapnic drive

Understand factors that influence hypercapnic ventilatory response

Understand the interaction of the hypoxic and hypercapnic drives

d. Periodic breathing

Know that hypoxemia can lead to periodic breathing in a healthy infant

Know that periodic breathing may occur in normal infants

Realize when periodic breathing is abnormal in infants

2. Sleep

a. NREM sleep

(1). Pattern of breathing

Know that NREM sleep is generally characterized by regular breathing

(2). Control of breathing

Know that chemical/metabolic stimuli control ventilatory rate and depth during NREM sleep

Be able to compare the ventilatory response to carbon dioxide during stages 3 and 4 of NREM sleep with the response during the awake state

b. REM sleep

(1). Pattern of breathing

Know that paradoxical movement of the rib cage and abdomen is characteristic of respiration during REM sleep

Know that irregular breathing is characteristic of REM sleep

Know the incidence of apnea in REM sleep, as compared with NREM sleep

(2). Control of breathing

Be able to compare the effects of REM sleep and NREM sleep on the ventilatory response to carbon dioxide

Know that in REM sleep, as compared with NREM sleep, chemical control is less important and behavioral control is of increased importance

(3). Effect on postural muscles

Recognize the effect of REM sleep on muscle tone of the postural muscles and upper airway muscles

E. Measurement of respiratory drive

1. Techniques

Recognize the indications for ventilatory response testing in children

2. Normal response

Recognize the pattern of the normal response to hypercapnia

Recognize the factors that modify the normal response to acute hypoxia

Recognize the effects of altitude exposures on respiratory drive

Know the acute and chronic ventilatory responses to high altitude

Recognize the pattern of the normal response to hypoxia

3. Abnormal response

Know that patients with familial dysautonomia (Riley-Day syndrome) have a reduced or absent ventilatory response to hypoxemia

XII. Pulmonary vascular physiology (see VI for anatomy)

A. Pulmonary vascular physiology

Recognize the effect of lung volume on pulmonary vascular resistance

Know the physiologic determinants of Zone I, II, and III conditions in the lung

Describe the physiologic changes in pulmonary circulation that occur at birth

Recognize the factors that cause vasodilation and vasoconstriction of the pulmonary vasculature

Describe the normal transvascular fluid flow within the lung

Understand the effects of body position (ie, standing versus recumbent) on distribution of pulmonary blood flow

Understand how hypoxic pulmonary vasoconstriction is modified by pH

Know that hypoxic pulmonary vasoconstriction is not linearly related to alveolar PO₂

Recognize the factors that cause pulmonary vasoconstriction

Recognize the factors that dictate pulmonary artery pressure

B. Bronchial vascular physiology

1. Physiology of bronchial circulation

Understand the effects of hypoxia and hypercarbia on the tone of bronchial vasculature

Understand the effect of vasoactive compounds on the bronchial vasculature

XIII. Mechanisms of lung inflammation, injury and repair

A. Pulmonary inflammation

1. Components of an inflammatory response

a. Vasodilation

Know that vasodilation is one of the components of an acute inflammatory reaction

b. Altered permeability

Know the relative permeability of endothelium (as compared with epithelium) in the alveoli

c. Leukocytic infiltration

(1). Acute

Know the types of cells that acutely accumulate in an inflammatory reaction

Recognize an acute inflammatory response within the lung (on histology)

(2). Chronic

Know the time course of accumulation of mononuclear phagocytes in an inflammatory reaction

Recognize a granulomatous inflammatory response within the lung (on histology)

2. Initiation of inflammation

a. Stimuli of inflammation

(1). Immunologic

Understand the role of cytolytic T-cells in the development of graft rejection and viral pneumonitis

Understand the relative contributions of specific antibodies, antigen-antibody complexes, and sensitized T-cells on the pathophysiology of common immunologic lung diseases

(2). Nonimmunologic

Identify the products of airway epithelial cells that can contribute to airway inflammation

Recognize the factors that contribute to neutrophil chemotaxis in the lung

Know the mechanisms responsible for squamous metaplasia of the airway epithelium

b. Chemical mediators of inflammation

(1). Vasodilation

Know which mediators of inflammation are vasodilators

(2). Altered permeability

(3). Cellular infiltration

Know which mediators are chemoattractants for neutrophils

Know that proteolytic degradation of C3 generates neutrophil chemotactic factors

Know that an early feature of airway damage by various chemicals or organisms is loss of ciliary function

(4). Mediators that control inflammation

Know which mediators turn off the inflammatory response (eg, soluble TNFalpha, etc)

3. Cells - actions/interactions

a. Granulocytes

(1). Neutrophils and their products

(2). Eosinophils and their actions

Know the mechanisms of eosinophil-mediated lung inflammation

b. Mononuclear phagocytes

Understand the role of mononuclear phagocytes in terms of antigen presentation to lymphocytes

Identify the inflammatory products of macrophages

Recognize the actions of the more common cytokines

c. Lymphocytes

Recognize the actions of the more common lymphokines

B. Mechanisms of injury

1. **Oxygen radicals (see VIII, Oxygen therapy)**
2. **Proteases (see VIII and alpha1-antitrypsin)**
3. **Other (see VIII and I.N. ARDS)**

C. Repair

1. **Normal**

Understand the role of type II alveolar cells in normal repair of inflammation

2. **Abnormal**

Recognize factors that may lead to fibrosis within the lung

XIV. Research methods

A. Biostatistics

1. **Description of population**

- a. **Normal distribution**

Recognize the difference between a normal distribution and a non-normal distribution (eg, aerosol particle size from jet nebulizer)

- b. **Central value and dispersion**

Know the difference between the mean value and median value of a population

- c. **Standard deviation**

Know that standard deviation equals the square root of $n(SE)$

Know that standard deviation gives an estimate of the variation within the population

- d. **Standard error**

Know standard error of the mean, given an estimate of the precision with which you know the mean value of the population

- e. **Coefficient of variation**

Understand the relationship between test variability with subjects and type I errors

Know the utility of coefficient of variation calculations

Know the difference between inter-assay and intra-assay coefficient of variation

2. Statistical significance

a. Parametric

Know the difference between a paired and unpaired Student t-test

Know that a parametric test can be used to determine the significance of the difference between two populations that are not normally distributed if changing values to logs produces a normal distribution

b. Non-parametric

Know that non-parametric tests must be used when the populations being compared do not have a normal distribution

c. Type I error

Know the definition of a type I or alpha error

Recognize the inappropriateness of repeated t-tests without appropriate correction (eg, Bonferroni correction)

d. Type II error

Recognize the influence of sample size on the probability of committing a type II or beta error

Know the definition of a type II error

e. Probability

Know how to interpret a P value

Understand the limitations of probability testing of the null hypothesis

Know how to interpret a confidence interval

3. Regression

Know the formula for a linear regression line

4. Correlation

Know the definition of correlation coefficient

Understand the inappropriateness of determining the correlation between an independent & a dependent variable when the independent variable is a component of the dependent variable (ie, plotting cardiac output on X axis and systemic oxygen delivery on the Y axis

Know that the correlation coefficient by itself does not indicate the statistical significance of changes in the dependent variable that were related to changes in the independent variable

Know that r^2 (correlation coefficient squared) illustrates the amount of the change in the dependent variable resulting from the change in the independent variable

5. Analysis of variance

Know when to use a one-way analysis of variance

Know the assumptions underlying the use of analysis of variance

Recognize indications for using tests of multiple comparisons following performance of a one-way analysis of variance test that is significant

Know when to use a two-way analysis of variance (ANOVA) versus a one-way ANOVA

6. Proportions

Know that the chi-squared test is used to compare proportions in paired or independent samples

B. Research design

Understand biases that affect clinical research, including selection bias, information bias, and confound bias

Know the importance of stratification and when it should be utilized

Understand the importance of "washout" period in crossover studies

Understand the importance of "power" in planning a prospective study

Know the meaning of positive predictive, negative predictive, sensitivity, and specificity in evaluating diagnostic tests

Know the difference between and the merits of cross-sectional and longitudinal studies

Be familiar with analysis of variance and covariance

Understand the ability of statistical tests to predict a cause and effect relationship

Know that standard statistical tests are only valid when used to test hypotheses developed prior to examination of the data set being used

C. Clinical trials, randomized

Know how to assess the statistical results of randomized clinical trials

Know the difference between a case control, cohort, and randomized controlled study with regard to design and validity